# Wellcare Dual Liberty (HMO D-SNP) offered by Health Net Of California, Inc.

## **Annual Notice of Changes for 2023**

You are currently enrolled as a member of Wellcare Plus (HMO). Next year, there will be changes to the plan's costs and benefits. *Please see page 4 for a Summary of Important Costs, including Premium.* 

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at <u>www.wellcare.com/</u> <u>healthnetCA</u>. You may also call Member Services to ask us to mail you an *Evidence of Coverage*.

#### What to do now

- 1. ASK: Which changes apply to you
- □ Check the changes to our benefits and costs to see if they affect you.
  - Review the changes to Medical care costs (doctor, hospital).
  - Review the changes to our drug coverage, including authorization requirements and costs.
  - Think about how much you will spend on premiums, deductibles, and cost sharing.
- □ Check the changes in the 2023 Drug List to make sure the drugs you currently take are still covered.
- □ Check to see if your primary care doctors, specialists, hospitals and other providers, including pharmacies will be in our network next year.
- □ Think about whether you are happy with our plan.
- 2. COMPARE: Learn about other plan choices
- □ Check coverage and costs of plans in your area. Use the Medicare Plan Finder at <u>www.medicare</u>. <u>gov/plan-compare</u> website or review the list in the back of your *Medicare & You 2023* handbook.
- Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.
- 3. CHOOSE: Decide whether you want to change your plan
  - If you don't join another plan by December 7, 2022, you will stay in Wellcare Dual Liberty (HMO D-SNP).
  - To change to a different plan, you can switch plans between October 15 and December 7. Your

new coverage will start on **January 1, 2023**. This will end your enrollment with Wellcare Plus (HMO).

- Look in Section 3.2, page 22 to learn more about your choices.
- If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

#### **Additional Resources**

- This document is available for free in Spanish.
- Please contact our Member Services number at 1-800-431-9007 for additional information. (TTY users should call 711.) Hours are: Between October 1 and March 31, representatives are available Monday–Sunday, 8 a.m. to 8 p.m. Between April 1 and September 30, representatives are available Monday–Friday, 8 a.m. to 8 p.m.
- We must provide information in a way that works for you (in languages other than English, in braille, in audio, in large print, or other alternate formats, etc.). Please call Member Services if you need plan information in another format.
- Coverage under this Plan qualifies as Qualifying Health Coverage (QHC) and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at <a href="http://www.irs.gov/Affordable-Care-Act/Individuals-and-Families">www.irs.gov/Affordable-Care-Act/Individuals-and-Families</a> for more information.

#### About Wellcare Dual Liberty (HMO D-SNP)

- Wellcare is the Medicare brand for Centene Corporation, an HMO, PPO, PFFS, PDP plan with a Medicare contract and is an approved Part D Sponsor. Our D-SNP plans have a contract with the state Medicaid program. Enrollment in our plans depends on contract renewal.
- When this document says "we," "us," or "our," it means Health Net Of California, Inc. When it says "plan" or "our plan," it means Wellcare Dual Liberty (HMO D-SNP).

H0562\_121\_H5087\_002\_2023\_CA\_ANOC\_DSNP\_105573E\_M

## Annual Notice of Changes for 2023 Table of Contents

Summary of In	nportant Costs for 2023	4
SECTION 1	Unless You Choose Another Plan, You Will Be Automatically Enrolled in Wellcare Dual Liberty (HMO D-SNP) in 2023	6
SECTION 2	Changes to Benefits and Costs for Next Year	6
Section 2.1 –	Changes to the Monthly Premium	6
Section 2.2 –	Changes to Your Maximum Out-of-Pocket Amount	6
Section 2.3 –	Changes to the Provider and Pharmacy Networks	7
Section 2.4 –	Changes to Benefits and Costs for Medical Services	7
Section 2.5 –	Changes to Part D Prescription Drug Coverage	19
SECTION 3	Deciding Which Plan to Choose	22
Section 3.1 –	If you want to stay in Wellcare Dual Liberty (HMO D-SNP)	22
	If you want to change plans	
<b>SECTION 4</b>	Changing Plans	23
SECTION 5	Programs That Offer Free Counseling about Medicare and Medicai	d23
SECTION 6	Programs That Help Pay for Prescription Drugs	24
SECTION 7	Questions?	24
Section 7.1 –	Getting Help from Wellcare Dual Liberty (HMO D-SNP)	24
Section 7.2 –	Getting Help from Medicare	25
Section 7.3 –	Getting Help from Medicaid	25

## **Summary of Important Costs for 2023**

The table below compares the 2022 costs and 2023 costs for Wellcare Dual Liberty (HMO D-SNP) in several important areas. **Please note this is only a summary of costs**.

Cost	2022 (this year)	2023 (next year)
Monthly plan premium*	\$0	\$0
* Your premium may be higher than this amount. See Section 2.1 for details.		
Doctor office visits	Primary care visits: \$0 copay per visit	Primary care visits: \$0 copay per visit
	Specialist visits: \$0 copay per visit	Specialist visits: \$0 copay per visit
Inpatient hospital stays	For covered admissions, per admission:	For covered admissions, per admission:
	\$800 copay per day, for days 1 to 3 and \$0 copay per day, for days 4 to 90 for each covered hospital stay.	\$0 copay for each covered hospital stay.
<b>Part D prescription drug coverage</b> (See Section 2.5 for details.)	Deductible: \$480	Deductible: \$0
	(applies to Tier 2 (Generic Drugs), Tier 3 (Preferred Brand Drugs), Tier 4	Copayment during the Initial Coverage Stage:
	(Non-Preferred Drugs), and Tier 5 (Specialty Tier))	You pay a \$0 copay for all covered Part D drugs.
	<ul> <li>Copayment/Coinsurance during the Initial Coverage Stage:</li> <li>Drug Tier 1 - Preferred Generic Drugs: You pay a \$0 copay for a one-month (30-day) supply.</li> <li>Drug Tier 2 - Generic Drugs: You pay a \$20 copay for a one-month</li> </ul>	

Cost	2022 (this year)	2023 (next year)
	<ul> <li>(30-day) supply.</li> <li>Drug Tier 3 - Preferred Brand Drugs: You pay a \$47 copay for a one-month (30-day) supply.</li> <li>Drug Tier 4 - Non-Preferred Drugs: You pay 42% of the total cost for a one-month (30-day) supply.</li> <li>Drug Tier 5 - Specialty Tier: You pay 25% of the total cost for a one-month (30-day) supply.</li> <li>Drug Tier 6 - Select Care Drugs: You pay a \$0 copay for a one-month (30-day) supply.</li> </ul>	
Maximum out-of-pocket amount	\$2,500	\$8,300
This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 2.2 for details.)		You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.

## SECTION 1 Unless You Choose Another Plan, You Will Be Automatically Enrolled in Wellcare Dual Liberty (HMO D-SNP) in 2023

On January 1, 2023, Health Net Of California, Inc. will be transitioning you from Wellcare Plus (HMO) to Wellcare Dual Liberty (HMO D-SNP). The information in this document tells you about the differences between your current benefits in Wellcare Plus (HMO) and the benefits you will have on January 1, 2023 as a member of Wellcare Dual Liberty (HMO D-SNP).

If you do nothing in 2022, we will automatically enroll you in our Wellcare Dual Liberty (HMO D-SNP). This means starting January 1, 2023, you will be getting your medical and prescription drug coverage through Wellcare Dual Liberty (HMO D-SNP). If you want to change plans or switch to Original Medicare and get your prescription drug coverage through a Prescription Drug Plan you must do so between October 15 and December 7. The change will take effect on January 1, 2023.

## SECTION 2 Changes to Benefits and Costs for Next Year

#### Section 2.1 – Changes to the Monthly Premium

Cost	2022 (this year)	2023 (next year)
Monthly premium	\$0	\$0
(You must also continue to pay your Medicare Part B premium unless it is paid for you by Medicaid.)		

#### Section 2.2 – Changes to Your Maximum Out-of-Pocket Amount

Medicare requires all health plans to limit how much you pay "out-of-pocket" for the year. This limit is called the "maximum out-of-pocket amount." Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2022 (this year)	2023 (next year)
Maximum out-of-pocket amount Because our members also get assistance from Medicaid, very few members ever reach this out-of-pocket maximum. You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.	\$2,500	\$8,300 Once you have paid \$8,300 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.
Your costs for covered medical services (such as copays) count toward your maximum out-of-pocket amount. Your costs for prescription drugs do not count toward your maximum out-of-pocket amount.		

#### Section 2.3 – Changes to the Provider and Pharmacy Networks

Updated directories are also located on our website at <u>www.wellcare.com/healthnetCA</u>. You may also call Member Services for updated provider and/or pharmacy information or to ask us to mail you a directory.

There are changes to our network of providers for next year. Please review the 2023 *Provider & Pharmacy Directory* to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.

There are changes to our network of pharmacies for next year. Please review the 2023 *Provider & Pharmacy Directory* to see which pharmacies are in our network.

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers), and pharmacies that are a part of your plan during the year. If a mid-year change in our providers affects you, please contact Member Services so we may assist.

#### Section 2.4 – Changes to Benefits and Costs for Medical Services

Please note that the Annual Notice of Changes tells you about changes to your Medicare benefits and costs.

We are making changes to costs and benefits for certain medical services next year. The information below describes these changes.

Cost	2022 (this year)	2023 (next year)
Referrals	The following in-network ben require	efits have a change in referral ements.
	<ul> <li>Hearing aids do(es) <u>not</u> require a referral.</li> <li>Hearing exams do(es) <u>not</u> require a referral.</li> <li>Inpatient services in a psychiatric hospital may require a referral.</li> <li>Inpatient services in a psychiatric hospital may require a referral.</li> <li>Eyewear do(es) <u>not</u> require a referral.</li> <li>Opioid treatment program services may require a referral.</li> <li>Medicare-covered Diabetes Self-Management Training do(es) <u>not</u> require a referral.</li> <li>Medicare-covered EKG following Welcome Visit do(es) <u>not</u> require a referral.</li> <li>Outpatient diagnostic tests and therapeutic services and supplies - Diagnostic procedures, tests and lab services may require a referral.</li> <li>Outpatient mental health care - Non-psychiatric services may require a referral.</li> <li>Outpatient mental health care - Psychiatric services may require a referral.</li> <li>Outpatient substance abuse services may require a referral.</li> </ul>	<ul> <li>Hearing aids may require a referral.</li> <li>Hearing exams may require a referral.</li> <li>Inpatient services in a psychiatric hospital do(es) not require a referral.</li> <li>Inpatient services in a psychiatric hospital do(es) not require a referral.</li> <li>Eyewear may require a referral.</li> <li>Eyewear may require a referral.</li> <li>Opioid treatment program services do(es) not require a referral.</li> <li>Medicare-covered Diabetes Self-Management Training may require a referral.</li> <li>Medicare-covered EKG following Welcome Visit may require a referral.</li> <li>Outpatient diagnostic tests and therapeutic services and supplies - Diagnostic procedures, tests and lab services do(es) not require a referral.</li> <li>Outpatient mental health care - Non-psychiatric services do(es) not require a referral.</li> <li>Outpatient mental health care - Psychiatric services do(es) not require a referral.</li> <li>Outpatient substance abuse services do(es) not require a referral.</li> </ul>

8

#### Wellcare Dual Liberty (HMO D-SNP) Annual Notice of Changes for 2023

Cost	2022 (this year)	2023 (next year)
	<ul> <li>Outpatient surgery, including services provided at hospital outpatient facilities and ambulatory surgical centers - Outpatient hospital observation may require a referral.</li> <li>Partial hospitalization services may require a referral.</li> <li>Eye exams do(es) <u>not</u> require a referral.</li> <li>Skilled nursing facility (SNF) care may require a referral.</li> </ul>	<ul> <li>Outpatient surgery, including services provided at hospital outpatient facilities and ambulatory surgical centers - Outpatient hospital observation do(es) <u>not</u> require a referral.</li> <li>Partial hospitalization services do(es) <u>not</u> require a referral.</li> <li>Eye exams may require a referral.</li> <li>Skilled nursing facility (SNF) care do(es) <u>not</u> require a referral.</li> </ul>
Ambulance services - Air transportation	You pay 20% of the total cost per one-way trip for Medicare-covered air ambulance services.	You pay a \$0 copay per one-way trip for Medicare-covered air ambulance services.
Ambulance services - Ground transportation	You pay 20% of the total cost per one-way trip for Medicare-covered ground ambulance services.	You pay a \$0 copay per one-way trip for Medicare-covered ground ambulance services.
Cardiac rehabilitation services - Intensive	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
Cardiac rehabilitation services	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
Chiropractic services - Routine chiropractic care	You pay a \$0 copay per visit, up to 12 visit(s) every year for routine chiropractic services.	You pay a \$0 copay per visit, up to 24 visit(s) every year for routine chiropractic services.

Cost	2022 (this year)	2023 (next year)
Dental services - Comprehensive dental services - Diagnostic Services	You pay a \$0 copay.	Not covered
Dental services - Comprehensive dental services - Diagnostic Services	Limited to 1 diagnostic service(s) every year.	<u>Not</u> covered
Dental services - Comprehensive dental services - Endodontics	You pay a \$0 copay.	Not covered
Dental services - Comprehensive dental services - Endodontics	Limited to 1 endodontic service(s) per tooth.	Not covered
Dental services - Comprehensive dental services - Extractions	You pay a \$0 copay.	Not covered
Dental services - Comprehensive dental services - Extractions	Limited to 1 extraction(s) per tooth.	Not covered
Dental services - Comprehensive dental services - Non-routine services	You pay a \$0 copay.	<u>Not</u> covered
Dental services - Comprehensive dental services - Non-routine services	Limited to 1 non-routine service(s) every 6 to 24 months depending on type of service.	<u>Not</u> covered
Dental services - Comprehensive dental services - Periodontics	You pay a \$0 copay.	Not covered
Dental services - Comprehensive dental services - Periodontics	Limited to 1 periodontic service(s) every 6 to 36 months depending on type of service.	<u>Not</u> covered

Cost	2022 (this year)	2023 (next year)
Dental services - Comprehensive dental services - Prosthodontics, Other Oral/Maxillofacial Surgery, Other Services	Prosthodontics - every 12 to 60 months or per procedure depending on type of service. Oral/maxillofacial surgery - every 60 months or per lifetime depending on type of service. Other services - every 24 to 36 months or per lifetime depending on type of service	Prosthodontics - Covered services include denture rebase once per arch every two calendar years. Pontics are a covered benefit on the same tooth once every five calendar years. Other Oral/Maxillofacial Surgery Services are <u>not</u> covered. Other Services are <u>not</u> covered.
Dental services - Comprehensive dental services - Restorative Services	Limited to 1 restorative service(s) every two years.	Limited to 1 restorative service(s) Crowns are a covered benefit on the same tooth once every five calendar years
Dental services - Preventive dental services - Dental X-Rays	You pay a \$0 copay.	Not covered
Dental services - Preventive dental services - Dental X-Rays	Limited to 1 x-ray(s) every 12 to 36 months depending on type of service.	Not covered
Dental services - Preventive dental services - Fluoride Treatment	You pay a \$0 copay.	Not covered
Dental services - Preventive dental services - Fluoride Treatment	Limited to 1 fluoride treatment(s) every six months.	Not covered
Dental services - Preventive dental services - Oral Exams	You pay a \$0 copay.	Not covered
Dental services - Preventive dental services - Oral Exams	Limited to 1 oral exam(s) every six months.	Not covered
Dental services - Preventive dental services - Prophylaxis (Cleaning)	You pay a \$0 copay.	Not covered
Dental services - Preventive dental services - Prophylaxis (Cleaning)	Limited to 1 cleaning(s) every six months.	Not covered

Cost	2022 (this year)	2023 (next year)
Diabetes self-management training, diabetic services and supplies - Diabetes self-management training	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
Diabetes self-management training, diabetic services and supplies - Diabetic therapeutic shoes or inserts	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
Durable medical equipment (DME) - Durable medical equipment	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
Emergency services	You pay a \$120 copay for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
	Copayment is waived if you are admitted to a hospital within 24 hours.	
Emergency care - Worldwide emergency coverage	You pay a \$120 copay for each covered service.	You pay a \$95 copay for each covered service.
	Copayment is <u>not</u> waived if you are admitted to a hospital.	Copayment is <u>not</u> waived if you are admitted to a hospital
Flex Card	You receive \$200 on your Flex Card. The debit card is prepaid by the plan for covered dental, vision, or hearing services. Please refer to your Evidence of Coverage for more information.	The debit Flex Card is <u>not</u> covered.

Cost	2022 (this year)	2023 (next year)
Healthy Foods Card Medicare approved Wellcare to provide these benefits as part of the Value-Based Insurance Design (VBID) program. This program lets Medicare try new ways to improve Medicare Advantage plans. For more information about VBID benefits, please contact Member Services.	The Healthy Foods Card is <u>not</u> covered.	You receive an allowance of \$50 every month to spend on eligible grocery products at participating retailers. This allowance does not carry over to the next month.
Home health agency care	You pay 15% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service
Inpatient hospital care	For covered admissions, per admission:	For covered admissions, per admission:
	You pay a \$800 copay per day, for days 1 to 3 and \$0 copay per day, for days 4 to 90 for each covered hospital stay.	You pay a \$0 copay for each Medicare-covered hospital stay.
Inpatient services in a psychiatric hospital	For Medicare-covered admissions, per admission:	For Medicare-covered admissions, per admission:
	You pay a \$494 copay per day, for days 1 to 3 and \$0 copay per day, for days 4 to 90 for each covered hospital stay.	You pay a \$0 copay per day, for days 1 to 90 for each covered hospital stay.
Medicare Part B prescription drugs - Chemotherapy/Radiation drugs	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.

Cost	2022 (this year)	2023 (next year)
Medicare Part B prescription drugs- Part B drugs	You pay 20% of the total cost for Medicare-covered Part B drugs. Medicare-covered Part B drugs may be subject to Step Therapy requirements.	You pay a \$0 copay for Medicare-covered Part B drugs. Medicare-covered Part B drugs may be subject to Step Therapy requirements.
Outpatient diagnostic tests and therapeutic services and supplies - Diagnostic radiological services	You pay a \$0 copay for a diagnostic mammogram. You pay 20% of the total cost for all other Medicare-covered diagnostic radiology services.	You pay a \$0 copay for each Medicare-covered service.
Outpatient diagnostic tests and therapeutic services and supplies - Medical supplies	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
Outpatient diagnostic tests and therapeutic services and supplies - Outpatient blood services	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
Outpatient diagnostic tests and therapeutic services and supplies - Outpatient x-ray services	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
Outpatient diagnostic tests and therapeutic services and supplies - Therapeutic radiological services	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
Outpatient mental health care - Non-psychiatric services - Group sessions	You pay 20% of the total cost for each Medicare-covered Group Session	You pay a \$0 copay for each Medicare-covered Group Session.

Cost	2022 (this year)	2023 (next year)
Outpatient mental health care - Non-psychiatric services - Individual sessions	You pay 20% of the total cost for each Medicare-covered Individual Session.	You pay a \$0 copay for each Medicare-covered Individual Session.
Outpatient mental health care - Psychiatric services - Group sessions	You pay 20% of the total cost for each Medicare-covered Group Session.	You pay a \$0 copay for each Medicare-covered Group Session.
Outpatient mental health care - Psychiatric services - Individual sessions	You pay 20% of the total cost for each Medicare-covered Individual Session.	You pay a \$0 copay for each Medicare-covered Individual Session.
Outpatient rehabilitation services - Occupational therapy	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
Outpatient rehabilitation services - Physical therapy and speech-language pathology	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service
Outpatient substance abuse services - Group sessions	You pay 20% of the total cost for each Medicare-covered Group Session.	You pay a \$0 copay for each Medicare-covered Group Session.
Outpatient substance abuse services - Individual sessions	You pay 20% of the total cost for each Medicare-covered Individual Session.	You pay a \$0 copay for each Medicare-covered Individual Session.
Outpatient surgery, including services provided at hospital outpatient facilities and ambulatory surgical centers - Outpatient hospital services	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.

Cost	2022 (this year)	2023 (next year)
Outpatient surgery, including services provided at hospital outpatient facilities and ambulatory surgical centers - Outpatient hospital observation	You pay a \$120 copay for outpatient observation services when you enter observation status through an emergency room. You pay 20% of the total cost for outpatient observation services when you enter observation status through an outpatient facility.	You pay a \$0 copay for outpatient observation services when you enter observation status through an emergency room. You pay a \$0 copay for outpatient observation services when you enter observation status through an outpatient facility.
Over-the-counter benefit	You pay a \$0 copay. You receive a benefit of \$315 every quarter to spend on eligible over-the-counter (OTC) products via mail order or at participating retailers. This benefit does <u>not</u> carry over to the next period.	You pay a \$0 copay. You receive a benefit of \$220 every quarter to spend on eligible over-the-counter (OTC) products via mail order or at participating retailers. This benefit does <u>not</u> carry over to the next period.
Partial hospitalization services	You pay 20% of the total cost per day for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
Prosthetic devices and related supplies - Prosthetic devices	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
Pulmonary rehabilitation services	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
Services to treat kidney disease and conditions - Dialysis Services	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
Services to treat kidney disease and conditions - Kidney disease education services	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.

Cost	2022 (this year)	2023 (next year)
Skilled nursing facility (SNF) care	For Medicare-covered admission per benefit period: You pay a \$0 copay per day, for days 1 to 20 and \$178 copay per day, for days 21 to 100 for Medicare-covered skilled nursing facility care. Beyond day 100: You are responsible for all costs.	For Medicare-covered admission per admission: Days 1-100: You pay a \$0 copay for each Medicare-covered skilled nursing facility stay. Beyond day 100: You are responsible for all costs.
Special Supplemental Benefits for Chronically III (SSBCI) - Grocery Delivery Benefits mentioned may be a part of Special Supplemental Benefits for the Chronically III. Not all members will qualify.	Grocery Delivery: You pay a \$0 copay. If eligible, you may receive a pre-paid membership to the plan's contracted grocery delivery service vendor and up to \$50 a month to use on plan-approved grocery items. There is a minimum order limit of \$35 per delivery. At the end of the month, any unused benefit dollars will not carry over.	Grocery Delivery is <u>not</u> covered.
Special Supplemental Benefits for Chronically III (SSBCI) - Utility Flex Card Benefits mentioned may be a part of Special Supplemental Benefits for the Chronically III. Not all members will qualify. You must meet eligibility guidelines for the following plan benefits.	Utility Flex Card is <u>not</u> offered.	Utility Flex Card: You pay a \$0 copay. If eligible, the plan offers a prepaid Visa debit card with a limit of \$75 per month to help cover the cost of utilities for your home. Any unused Utility Flex Card benefit dollars will expire at the end of each month. The approved utility services for this benefit include: - Electric, gas, sanitary, and water utilities - Landline telephone service - Cable TV service - Certain petroleum expenses

Cost	2022 (this year)	2023 (next year)
Supervised Exercise Therapy (SET)	You pay 20% of the total cost for each Medicare-covered service.	You pay a \$0 copay for each Medicare-covered service.
Non-Emergency Medical Transportation (to/from plan-approved locations)	You pay a \$0 copay for unlimited trips every year. A trip is considered one-way transportation by taxi, van, or rideshare services to a plan approved health-related location.	You pay a \$0 copay for 48 trips every year. A trip is considered one-way transportation by taxi, van, or rideshare services to a plan approved health-related location.
	Trips are limited to 75 miles one-way. You must call 72 hours in advance to schedule a trip.	Trips are limited to 75 miles one-way. You must call 72 hours in advance to schedule a trip.
Urgently needed services	You pay a \$65 copay for each Medicare-covered service. Copayment is waived if you are admitted to a hospital within 24 hours.	You pay a \$0 copay for each Medicare-covered service.
Urgently needed services - Worldwide urgent care coverage	You pay a \$120 copay for each covered service.	You pay a \$95 copay for each covered service.
	Copayment is <u>not</u> waived if you are admitted to a hospital.	Copayment is <u>not</u> waived if you are admitted to a hospital.
"Welcome to Medicare" preventive visit - Medicare-covered EKG following Welcome Visit Preventive Services	You pay 20% of the total cost for each Medicare-covered EKG.	You pay a \$0 copay for each Medicare-covered service.
Prior Authorizations	_	enefits have a change in prior requirements.
	• Cardiac rehabilitation services may require prior authorization.	<ul> <li>Cardiac rehabilitation services do(es) <u>not</u> require prior authorization.</li> </ul>

Cost	2022 (this year)	2023 (next year)
	<ul> <li>Intensive cardiac rehabilitation services may require prior authorization.</li> <li>Outpatient diagnostic tests and therapeutic services and supplies - Outpatient blood services may require prior authorization.</li> <li>Pulmonary rehabilitation services may require prior authorization.</li> <li>Routine Acupuncture do(es) <u>not</u> require prior authorization.</li> <li>Supervised Exercise Therapy (SET) may require prior authorization.</li> </ul>	<ul> <li>Intensive cardiac rehabilitation services do(es) <u>not</u> require prior authorization.</li> <li>Outpatient diagnostic tests and therapeutic services and supplies - Outpatient blood services do(es) <u>not</u> require prior authorization.</li> <li>Pulmonary rehabilitation services do(es) <u>not</u> require prior authorization.</li> <li>Routine Acupuncture may require prior authorization.</li> <li>Supervised Exercise Therapy (SET) do(es) <u>not</u> require prior authorization.</li> </ul>

#### Section 2.5 – Changes to Part D Prescription Drug Coverage

#### **Changes to Our Drug List**

Our list of covered drugs is called a Formulary or "Drug List." A copy of our Drug List is provided electronically.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules. For instance, we can immediately remove drugs considered unsafe by the FDA or withdrawn from the market by a product manufacturer. We update our online Drug List to provide the most up to date list of drugs.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 9 of your Evidence of Coverage and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can also contact Member Services for more information.

#### **Changes to Prescription Drug Costs**

There are four "drug payment stages."

The information below shows the changes to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the

Catastrophic Coverage Stage.)

#### Changes to the Deductible Stage

Stage	2022 (this year)	2023 (next year)
Stage 1: Yearly Deductible Stage	The deductible is \$480. During this stage, you pay \$0 cost sharing for drugs on Tier 1: Preferred Generic Drugs and \$0 cost sharing for drugs on Tier 6: Select Care Drugs and the full cost of drugs on Tier 2: Generic Drugs, Tier 3: Preferred Brand Drugs, Tier 4: Non-Preferred Drugs, and Tier 5: Specialty Tier until you have reached the yearly deductible.	Because we have no deductible, this payment stage does not apply to you.

Changes to Your Cost Sharing in the Initial Coverage Stage

Stage	2022 (this year)	2023 (next year)
<b>Stage 2: Initial Coverage Stage</b> During this stage, the plan pays its share of the cost of your drugs, and <b>you pay your share of the cost.</b>	Your cost for a one-month supply filled at a network pharmacy with standard cost sharing:	Your cost for a one-month supply filled at a network pharmacy with standard cost sharing:
	<b>Drug Tier 1 - Preferred</b> <b>Generic Drugs:</b> You pay a \$0 copay per prescription.	You pay a \$0 copay per prescription for all covered Part D drugs.
	<b>Drug Tier 2 - Generic Drugs:</b> You pay a \$20 copay per prescription.	

Stage	2022 (this year)	2023 (next year)
Stage 2: Initial Coverage Stage (continued)		
	<b>Drug Tier 3 - Preferred</b> <b>Brand Drugs:</b> You pay a \$47 copay per prescription.	
	<b>Drug Tier 4 - Non-Preferred</b> <b>Drugs:</b> You pay 42% of the total cost.	
	<b>Drug Tier 5 - Specialty Tier:</b> You pay 25% of the total cost.	
	<b>Drug Tier 6 - Select Care</b> <b>Drugs:</b> You pay a \$0 copay per prescription.	
The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy that provides standard cost sharing. For information about the costs for a long-term supply or for mail-order prescriptions, look in Chapter 6 of your Evidence of Coverage. We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List.	Once your total drug costs have reached \$4,230, you will move to the next stage (the Coverage Gap Stage).	Once your total drug costs have reached \$4,660, you will move to the next stage (the Coverage Gap Stage).

#### **Changes to your VBID Part D Benefit**

Medicare approved Wellcare to provide lower copayments/co-insurance as part of the Value-Based Insurance Design program. This program lets Medicare try new ways to improve Medicare Advantage plans. For more information about VBID benefits, please contact Member Services.

Description	2022 (this year)	2023 (next year)
Part D Cost-sharing Elimination	Part D cost-sharing elimination is <u>not</u> offered.	Because you qualify for Part D cost-sharing elimination, you pay nothing for all covered Part D drugs.

## SECTION 3 Deciding Which Plan to Choose

#### Section 3.1 – If you want to stay in Wellcare Dual Liberty (HMO D-SNP)

**To stay in our plan, you don't need to do anything.** If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our Wellcare Dual Liberty (HMO D-SNP).

#### Section 3.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change plans for 2023 follow these steps:

#### Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- -- *OR*-- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (<u>www.medicare.gov/plan-compare</u>), read the *Medicare & You 2023* handbook, call your State Health Insurance Assistance Program (see Section 5), or call Medicare (see Section 7.2).

#### Step 2: Change your coverage

- To change to a different Medicare health plan, enroll in the new plan. You will automatically be disenrolled from Wellcare Dual Liberty (HMO D-SNP).
- To change to Original Medicare with a prescription drug plan, enroll in the new drug plan. You will automatically be disenrolled from Wellcare Dual Liberty (HMO D-SNP).
- To change to Original Medicare without a prescription drug plan, you must either:
  - Send us a written request to disenroll. Contact Member Services if you need more information on how to do so.
  - $\circ$  *or* Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

If you switch to Original Medicare and do not enroll in a separate Medicare prescription drug plan,

Medicare may enroll you in a drug plan unless you have opted out of automatic enrollment.

## SECTION 4 Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2023.

#### Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get "Extra Help" paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you enrolled in a Medicare Advantage plan for January 1, 2023, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2023.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

## SECTION 5 Programs That Offer Free Counseling about Medicare and Medicaid

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In California, the SHIP is called California Health Insurance Counseling and Advocacy Program (HICAP).

It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. California Health Insurance Counseling and Advocacy Program (HICAP) counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call California Health Insurance Counseling and Advocacy Program (HICAP) at 1-800-434-0222 (TTY users should call 711). You can learn more about California Health Insurance Counseling and Advocacy Program (HICAP) by visiting their website (<u>https://www.aging.ca.gov/hicap/</u>).

For questions about your California Medi-Cal (Medicaid) benefits, contact California Medi-Cal (Medicaid) at 1-800-541-5555 (TTY 1-800-896-2512) 8 a.m. - 5 p.m. PT, Monday - Friday. Ask how joining another plan or returning to Original Medicare affects how you get your California Medi-Cal (Medicaid) coverage.

## **SECTION 6 Programs That Help Pay for Prescription Drugs**

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- "Extra Help" from Medicare. Because you have Medicaid, you are already enrolled in "Extra Help", also called the Low Income Subsidy. "Extra Help" pays some of your prescription drug premiums, annual deductibles and coinsurance. Because you qualify, you do not have a coverage gap or late enrollment penalty. If you have questions about "Extra Help", call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
  - The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call, 1-800-325-0778; or
  - Your State Medicaid Office (applications).
- Help from your state's pharmaceutical assistance program. California has a program called California Prescription Drug Discount Program for Medicare Recipients that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program.
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through The California AIDS Drug Assistance Program (ADAP). For information on eligibility criteria, covered drugs, or how to enroll in the program, please call The California AIDS Drug Assistance Program (ADAP), at 1-916-558-1784 (TTY 711) from 8 a.m. - 5 p.m. local time, Monday - Friday.

## SECTION 7 Questions?

#### Section 7.1 – Getting Help from Wellcare Dual Liberty (HMO D-SNP)

Questions? We're here to help. Please call Member Services at 1-800-431-9007. (TTY only, call 711). We are available for phone calls. Between October 1 and March 31, representatives are available Monday–Sunday, 8 a.m. to 8 p.m. Between April 1 and September 30, representatives are available Monday–Friday, 8 a.m. to 8 p.m. Calls to these numbers are free.

## Read your 2023 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2023. For details, look in the *2023 Evidence of Coverage* for Wellcare Dual Liberty (HMO D-SNP). The *Evidence of* 

*Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at <u>www.wellcare.com/healthnetCA</u>. You may also call Member Services to ask us to mail you an *Evidence of Coverage*.

#### Visit our Website

You can also visit our website at <u>www.wellcare.com/healthnetCA</u>. As a reminder, our website has the most up-to-date information about our provider network (*Provider & Pharmacy Directory*) and our list of covered drugs (Formulary/Drug List).

#### Section 7.2 – Getting Help from Medicare

To get information directly from Medicare:

#### Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### Visit the Medicare Website

Visit the Medicare website (<u>www.medicare.gov</u>). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to <u>www.medicare.gov/plan-compare</u>.

#### Read Medicare & You 2023

Read the *Medicare & You 2023* handbook. Every fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<u>https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf</u>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### Section 7.3 – Getting Help from Medicaid

To get information from Medicaid you can call California Medi-Cal (Medicaid) at 1-800-541-5555. TTY users should call 1-800-896-2512 from 8 a.m. - 5 p.m. PT, Monday - Friday.

#### **Nondiscrimination Notice**

Discrimination is against the law. Wellcare by Health Net follows State and Federal civil rights laws. Wellcare by Health Net does not unlawfully discriminate, exclude people, or treat them differently because of sex, race, color, religion, ancestry, national origin, ethnic group identification, age, mental disability, physical disability, medical condition, genetic information, marital status, gender, gender identity, or sexual orientation.

Wellcare by Health Net provides:

- Free aids and services to people with disabilities to help them communicate better, such as:
  - o Qualified sign language interpreters
  - o Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Free language services to people whose primary language is not English, such as:
  - o Qualified interpreters
  - o Information written in other languages

If you need these services, contact Wellcare by Health Net by calling **1-800-431-9007**. Between October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays. If you cannot hear or speak well, please call **TTY 711**. Upon request, this document can be made available to you in braille, large print, audiocassette, or electronic form. To obtain a copy in one of these alternative formats, please call or write to:

Wellcare by Health Net 21281 Burbank Blvd. Woodland Hills, CA 91367 1-800-431-9007 TTY: 711

#### How to File a Grievance

If you believe that Wellcare by Health Net has failed to provide these services or unlawfully discriminated in another way on the basis of sex, race, color, religion, ancestry, national origin, ethnic group identification, age, mental disability, physical disability, medical condition, genetic information, marital status, gender, gender identity, or sexual orientation, you can file a grievance with Member Services. You can file a grievance by phone, in writing, in person, or electronically:

- **By phone:** Contact Wellcare by Health Net's Civil Rights Coordinator by calling **1-866-458-2208**. Between 8 a.m. and 5 p.m., Monday through Friday. Or, if you cannot hear or speak well, please call **TTY 711**.
- In writing: Fill out a complaint form or write a letter and send it to: Wellcare Civil Rights Coordinator P.O. Box 9103 Van Nuys, CA 91409-9103
- **In person:** Visit your doctor's office or Wellcare by Health Net and say you want to file a grievance.
- **Electronically:** Visit Wellcare by Health Net's website at **www.wellcare.com/healthnetCA**.

#### Office of Civil Rights – California Department of Health Care Services

You can also file a civil rights complaint with the California Department of Health Care Services, Office of Civil Rights by phone, in writing, or electronically:

- By phone: Call 1-916-440-7370. If you cannot speak or hear well, please call TTY 711 (Telecommunications Relay Service).
- In writing: Fill out a complaint form or send a letter to: Deputy Director, Office of Civil Rights Department of Health Care Services Office of Civil Rights P.O. Box 997413, MS 0009 Sacramento, CA 95899-7413

Complaint forms are available at http://www.dhcs.ca.gov/Pages/Language\_Access.aspx

• Electronically: Send an email to CivilRights@dhcs.ca.gov.

#### Office of Civil Rights – U.S. Department of Health and Human Services

If you believe you have been discriminated against on the basis of race, color, national origin, age, disability or sex, you can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights by phone, in writing, or electronically:

- By phone: Call 1-800-368-1019. If you cannot speak or hear well, please call TTY/TDD 1-800-537-7697.
- In writing: Fill out a complaint form or send a letter to: U.S. Department of Health and Human Services 200 Independence Avenue SW Room 509F, HHH Building Washington, D.C. 20201 Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.
- **Electronically:** Visit the Office for Civil Rights Complaint Portal at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf.

**English:** ATTENTION: If you need help in your language call **1-800-431-9007** (TTY: **711**). Aids and services for people with disabilities, like documents in braille and large print, are also available. Call **1-800-431-9007** (TTY: **711**). These services are free of charge.

العربية (Arabic): انتباه: إذا كنت بحاجة إلى مساعدة بلغتك، فاتصل على الرقم .700-431-900 (711:TTY) تتوفر أيضًا مساعدات وخدمات للأشخاص ذوي الإعاقات مثل المستندات بطريقة برايل وبطباعة كبيرة. اتصل على الرقم.9007-431-908 (TTTY) (711:TTY) وهذه الخدمات مجانية.

**Յայերեն (Armenian).** ՈԻՇԱԴՐՈԻԹՅՈԻՆ. Եթե Ձեր լեզվով օգնության կարիք ունեք, զանգահարեք **1-800-431-9007** (TTY` **711**)։ Յասանելի են նաև օգնություն և ծառայություններ հաշմանդամություն ունեցող անձանց համար, ինչպիսիք են` բրայլյան և խոշոր տառերով փաստաթղթերը։ Չանգահարեք **1-800-431- 9007** (TTY` **711**)։ Այս ծառայություններն անվճար են։

**ភាសាខ្មែរ (Cambodian)៖** ចំណាំ៖ ប្រសិនបើអ្នកត្រូវការជំនួយជាភាសារបស់អ្នក សូមទូរសព្ទទៅលេខ 1-800-431-9007 (TTY: 711)។ ជំនួយនិងសេវាកម្មសម្រាប់ជនពិការ ដូចជាឯកសារជាអក្សរផុសសម្រាប់ ជនពិការភ្នែក និងពុម្ភអក្សរធំ ក៍មានផងដែរ។ សូមទូរសព្ទទៅលេខ 1-800-431- 9007 (TTY: 711)។ សេវាកម្មទាំងនេះមិនគិតថ្លៃនោះទេ។

**中文 (Chinese):**注意:如果您需要以您母語提供的協助,請致電 1-800-431-9007 (TTY: 711)。 我們也為殘疾人士提供輔助和服務,例如點字和大字體印刷的文件。請致電 1-800-431-9007 (TTY: 711)。這些服務為免費服務。

فارسی (Farsi): توجه: اگر نیاز به کمک به زبان خودتان دارید با شماره (TTY: 711) 7007-431-9007 تماس بگیرید. کمکها و خدمات برای افراد دارای معلولیت نیز در دسترس است، مانند اسناد با خط بریل و چاپ درشت. با شماره (TTY 711) 1-800-431-9007 تماس بگیرید. این خدمات رایگان است.

हिंदी (Hindi): ध्यान दें: अगर आपको अपनी भाषा में मदद चाहिए, तो 1-800-431-9007 (TTY: 711) पर कॉल करें. विकलांग लोगों के लिए ब्रेल और बड़े प्रिंट में दस्तावेज़ जैसी सहायता और सेवाएं उपलब्ध हैं. 1-800-431-9007 (TTY: 711) पर कॉल करें. ये सेवाएं नि:शुल्क हैं.

Lus Hmoob (Hmong): TSEEM CEEB: : Yog koj xav tau kev pab ua koj hom lus hu rau **1-800-431-9007** (TTY: **711**). Tsis tas li ntawd, kuj tseem muaj cov kev pab thiab cov kev pab cuam rau cov neeg xiam oob qhab, xws li cov ntaub ntawv Ua Ntawv Su thiab cov ntawv loj. Hu rau **1-800-431-9007** (TTY: **711**). Cov kev pab cuam no yog pab dawb xwb.

日本語(Japanese):注意:言語のヘルプが必要な場合は1-800-431-9007(TTY:711)までお 電話ください。障害をお持ちの方には、点字や大判プリントなどの補助機能やサービスもご 利用になれます。1-800-431-9007(TTY:711)までお電話ください。これらのサービスは無料 です。

**한국어(Korean):** 주의: 귀하의 구사 언어로 도움을 받으셔야 한다면 **1-800-431-9007** (TTY: **711**) 번으로 연락해 주십시오. 점자 및 큰 활자 인쇄 형식으로 된 문서 등 장애인을 위한 도움 및 서비스도 제공됩니다. **1-800-431-9007**(TTY: **711**)번으로 연락해 주십시오. 해당 서비스는 무료로 제공됩니다.

**ພາສາລາວ (Laotian):** ສຳຄັນ: ຖ້າວ່າທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນພາສາຂອງທ່ານ ໂທ **1-800-431-9007** (TTY: **711**). ນອກຈາກນີ້ ຍັງມີການຊ່ວຍເຫຼືອ ແລະ ບໍລິການສຳລັບຄົນພິການ ເຊັ່ນ: ເອກະສານທີ່ເປັນຕົວອັກສອນ ນູນ ແລະ ຕົວພິມຂະໜາດໃຫຍ່ ໂທ **1-800-431-9007** (TTY: **711**). ການບໍລິການເຫຼົ່ານີ້ແມ່ນຟຣີ

Mienh (Mien): Liouh Eix: Oix se meih oix nongc zuqc gorngv mienh wac daih taengx meih, cingv meih mboqv dienx wac **1-800-431-9007** (TTY: **711**). Yie mbuo hac haih nongc mienh wac daih taengx waic fangx nyei mienh, hnangv zing mangc mv buatc lamh nyei mienh nongc nyei nzangc caux domh nzangc wenh jienx. Cingv meih mboqv dienx wac **1-800-431-9007** (TTY: **711**). Naiv deix bong zouc gong se maiv siou zinh nyanh nyei.

ਪੰਜਾਬੀ (Punjabi): ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਹਾਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਮਦਦ ਦੀ ਲੋੜ ਹੈ ਤਾਂ 1-800-431-9007 (⊺⊤Y: 711) 'ਤੇ ਕਾਲ ਕਰੋ। ਅਪੰਗਤਾਵਾਂ ਵਾਲੇ ਲੋਕਾਂ ਵਾਸਤੇ ਸਹਾਇਤਾਵਾਂ ਅਤੇ ਸੇਵਾਵਾਂ, ਜਿਵੇਂ ਕਿ ਬਰੇਲ ਲਿਪੀ ਅਤੇ ਵੱਡੇ ਛਾਪੇ ਵਾਲੇ ਦਸਤਾਵੇਜ਼, ਵੀ ਉਪਲਬਧ ਹਨ। 1-800-431-9007 'ਤੇ ਕਾਲ ਕਰੋ (⊤⊤Y: 711)। ਇਹ ਸੇਵਾਵਾਂ ਮੁਫ਼ਤ ਹਨ।

Русский (Russian): ВНИМАНИЕ: если вам требуется помощь на родном языке, позвоните по номеру 1-800-431-9007 (телетайп: 711). Также доступны сопутствующая помощь и услуги для людей с ограниченными возможностями, такие как материалы, напечатанные крупным шрифтом и шрифтом Брайля. Позвоните по номеру 1-800-431-9007 (телетайп: 711). Эти услуги предоставляются бесплатно.

**Español (Spanish):** ATENCIÓN: Si necesita ayuda en su idioma llame al **1-800-431-9007** (TTY: **711**). También están disponibles ayudas y servicios para personas con discapacidades, como documentos en Braille y letra grande. Llame al **1-800-431-9007** (TTY: **711**). Estos servicios son gratuitos.

**Tagalog (Tagalog):** PAALALA: Kung kailangan ninyo ng tulong sa inyong wika, tumawag sa **1-800-431-9007** (TTY: **711**). Available din ang mga tulong at serbisyo para sa mga taong may kapansanan, gaya ng mga dokumento sa braille at malaking print. Tumawag sa **1-800-431-9007** (TTY: **711**). Walang bayad ang mga serbisyong ito.

**ภาษาไทย (Thai):** หมายเหตุ: หากต้องการความช่วยเหลือในภาษาของคุณ โปรดโทรไปท **1-800-431-9007** (TTY: **711**) เรามีความช่วยเหลือและบริการสำหรับผู้พิการ เช่น เอกสารที่เป็นอักษรเบรลล์และเอกสารที่ใช้ตัว อักษรขนาดใหญ่ ด้วยเช่นกัน โปรดโทรไปที่ **1-800-431-9007** (TTY: **711**) บริการเหล่านี้ไม่มีค่าใช้จ่าย

Українська (Ukrainian). УВАГА! Якщо ви потребуєте підтримки своєю мовою, телефонуйте за номером 1-800-431-9007 (ТТҮ: 711). Також доступні засоби та послуги для людей з обмеженими можливостями, як-от документи шрифтом Брайля та великим шрифтом. Телефонуйте за номером 1-800-431-9007 (ТТҮ: 711). Ці послуги є безкоштовними.

**Tiếng Việt (Vietnamese):** CHÚ Ý: Nếu quý vị cần trợ giúp bằng ngôn ngữ của quý vị, hãy gọi số **1-800-431-9007** (TTY: **711**). Các hỗ trợ và dịch vụ dành cho người khuyết tật, chẳng hạn như tài liệu bằng chữ nổi và cỡ chữ lớn cũng được cung cấp. Hãy gọi số **1-800-431-9007** (TTY: **711**). Các dịch vụ này được miễn phí.