

Get the Support You Need, Quickly and Easily!



USE HEALTH NET COMMUNITY CONNECT TO FIND FREE OR LOW-COST SERVICES

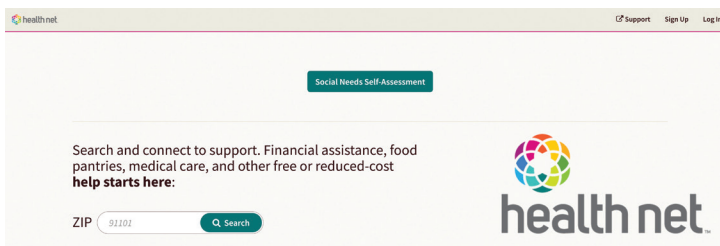
Health Net Community Connect helps you find programs, connect to services, and apply for benefits. Let Community Connect do the hard work. The service is free. Search for local vendors anytime.



Search in three easy steps

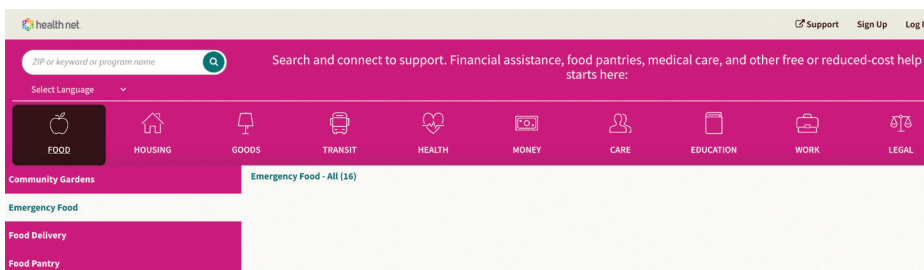
Locate services, such as medical care, food, housing, transit, and more in one place.

- 1 Go to <https://healthnet.findhelp.com>
- 2 Complete a Social Needs Self-Assessment.
- 3 Enter a ZIP code and click *Search*.



Narrow choices by topic

- ✓ Choose one of 10 topics.
- ✓ Then select a subtopic based on the ZIP code entered. You can view results in more than 100 languages.



There are more than 20,000 programs in California!



Check out a real example

The result below shows one of many options in a specific ZIP code under **Food** and **Emergency Food**.

The screenshot shows the Health Net website interface. At the top, there's a search bar and navigation icons for various services like Food, Housing, Goods, Transit, Health, Money, Care, Education, Work, and Legal. Below the search bar, the location is set to Rancho Cordova, CA (95742) and the search results are filtered for 'food' and 'emergency food' (16 results). The results are sorted by 'RELEVANCE' and 'CLOSEST'. A 'Personal Filters' dropdown is visible. The main result is for 'Food For Families' by Potter's House COGIC, which is a COVID-19 Response Program. The description states that due to the Shelter in Place mandate, the program is helping distribute food to individuals and families. The main services provided are emergency food and food pantries. The program serves anyone in need, all ages, including COVID-19 cases, individuals, and families. The location is 12.46 miles away, serving the local area, with the address 2994 Del Paso Boulevard, Sacramento, CA 95815. The program is currently closed today, and users are directed to see open hours. There are buttons for 'MORE INFO', 'SAVE', 'SHARE', 'NOTES', 'SUGGEST', and 'SEE NEXT STEPS'.

After you select a subtopic, you can...

Sort by:	Relevance or Closest
Define results further by:	<ul style="list-style-type: none"> ✓ Personal (like Age Group, Gender, or Urgency) ✓ Program (like Open Hours and Cost) ✓ Income Eligibility
Detailed information has:	<ul style="list-style-type: none"> ✓ Address ✓ Phone ✓ Days/Hours ✓ Description ✓ Map and much more
More Info:	Gives a print view for the business or resource
Suggest:	Let us know about incomplete or out-of-date information



Contact us:

Member Services **1-800-275-4737** (TTY: 711) Monday through Friday between 8 a.m. to 8 p.m.

Confidentiality: Your searches are private. No one will contact you, nor will we share information without your consent.

Please contact your plan for details.

Nondiscrimination Notice

Wellcare By Health Net follows State and Federal civil rights laws and does not discriminate, exclude people or treat them differently because of sex, race, color, religion, ancestry, national origin, ethnic group identification, age, mental disability, physical disability, medical condition, genetic information, marital status, gender, gender identity or sexual orientation.

Wellcare provides:

- Free aids and services to people with disabilities to communicate better with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats).
- Free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services or to request this document in an alternative format, contact Wellcare's Member Services at 1-800-275-4737 (HMO), 1-800-431-9007 (HMO D-SNP), (TTY: 711). From October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays.

If you believe that Wellcare has failed to provide these services or unlawfully discriminated in another way, you can file a grievance with Wellcare by phone, in writing, in person or electronically:

- By phone: Call Wellcare Civil Rights Coordinator at 1-866-458-2208 (TTY: 711), Monday through Friday, 8 a.m. to 5 p.m.
- In writing: Fill out a complaint form or write a letter and send it to Wellcare Civil Rights Coordinator, P.O. Box 9103, Van Nuys, CA 91409-9103.
- In person: Visit your doctor's office or Wellcare and say you want to file a grievance.
- Electronically: Visit Wellcare By Health Net's website at wellcare.healthnetcalifornia.com

You can also file a civil rights complaint with the California Department of Health Care Services, Office of Civil Rights by phone, in writing or electronically:

- By phone: Call 916-440-7370. If you cannot speak or hear well, please call 711.
- In writing: Fill out a complaint form or write a letter and send it to Deputy Director, Office of Civil Rights, Department of Health Care Services, Office of Civil Rights, P.O. Box 997413, MS 0009, Sacramento, CA 95899-7413.

Complaint forms are available at http://www.dhcs.ca.gov/Pages/Language_Access.aspx

- Electronically: Send an email to CivilRights@dhcs.ca.gov

If you believe you have been discriminated against because of race, color, national origin, age, disability or sex, you can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights by phone, in writing or electronically:

- By phone: 1-800-368-1019 (TDD: 1-800-537-7697)
- In writing: Fill out a complaint form or send a letter to U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201
Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>
- Electronically: Visit the Office for Civil Rights Complaint Portal at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>

Wellcare By Health Net (California): 1-800-275-4737 (HMO), 1-800-431-9007 (HMO D-SNP) (TTY: 711)

English: If you, or someone you are helping, need language services, call the number above. Aids and services for people with disabilities, like accessible PDF and large print documents, are also available. These services are at no cost to you.

Arabic: إذا كنت أنت أو أي شخص تقوم بمساعدته، بحاجة إلى الخدمات اللغوية، فاتصل بالرقم الوارد أعلاه. تتوفر أيضاً المساعدات والخدمات للأشخاص ذوي الإعاقة، مثل الملفات المنقولة (PDF) التي يمكن الوصول إليها والمستندات المطبوعة الكبيرة. تتوفر هذه الخدمات بدون تكلفة بالنسبة لك.

Armenian: Եթե դուք կամ որևէ մեկը, ում դուք օգնում եք, ունի լեզվական օգնության կարիք, զանգահարեք վերոնշյալ հեռախոսահամարով: Հաշմանդամություն ունեցող մարդկանց համար հասանելի են օժանդակություններ և ծառայություններ, ինչպես օրինակ՝ մատչելի PDF և մեծ տառերով տպված փաստաթղթեր: Այս ծառայությունները ձեզ համար անվճար են:

Cambodian: ប្រសិនបើលោកអ្នក ឬនរណាម្នាក់ដែលលោកអ្នកកំពុងជួយ ត្រូវការសេវាផ្នែកភាសា សូមទូរសព្ទទៅលេខខាងលើ។ ជំនួយ និងសេវាកម្មផ្សេងៗសម្រាប់អ្នកដែលពិការ ដូចជាទម្រង់ PDF សម្រាប់អ្នកពិការ និងឯកសារព្រឹត្តិការណ៍អក្សរខ្នាតធំក៏មានផ្តល់ជូនផងដែរ។ សេវាកម្មទាំងនេះត្រូវបានផ្តល់ជូនលោកអ្នកដោយមិនគិតថ្លៃ។

Chinese: 如果您或您正在帮助的其他人需要语言服务，请致电上面的电话号码。另外，还为残疾人士提供辅助和服务，例如易于读取的PDF和大字版文件。这些服务对您免费提供。

Farsi: اگر شما یا هر فرد دیگری که به او کمک می‌کنید نیاز به خدمات زبانی دارد، با شماره بالا تماس بگیرید. کمک‌ها و خدماتی مانند مدارک با چاپ با حروف بزرگ و PDF دسترس‌پذیر نیز برای معلولان قابل عرضه است. این خدمات هزینه‌ای برای شما نخواهد داشت.

Hindi: इंग्लिश: यदि आप, या कोई जिनकी आप मदद कर रहे हैं, और आपको भाषा सेवाओं की आवश्यकता है, तो ऊपर दिए गए नंबर पर कॉल करें। विकलांग लोगों के लिए सहायता और सेवाएं, जैसे सुलभ पीडीएफ और बड़े प्रिंट दस्तावेज़ भी उपलब्ध हैं। ये सेवाएं आपके लिए नि:शुल्क हैं।

Hmong: Yog hais tias koj, los sis ib tus neeg twg uas koj tab tom pab nws, xav tau cov kev pab cuam txhais lus, hu rau tunab npawb xov tooj saum toj saud. Tsis tas li ntawd, peb kuj tseem muaj cov khoom siv pab thiab cov kev pab cuam rau cov neeg xiam oob qhab tib si, xws li cov ntaub ntawv PDF uas tuaj yeem nkag cuag tau yooj yim thiab cov ntaub ntawv luam tawm uas pom tus niam ntawv loj. Cov kev pab cuam no yog muaj pab yam tsis xam nqi dab tsi rau koj them li.

Japanese: ご自身、またはご自身が支援している方が言語サービスを必要とする場合は、上記の番号に電話してください。アクセシブルなPDFや大判の文書など、障がい者のための補助やサービスも無料でご利用いただけます。

Korean: 귀하 또는 귀하가 도와주고 있는 분이 언어 서비스가 필요하시면 위의 전화번호로 연락해 주십시오. 장애가 있는 분들에게 보조 도구 및 서비스(예: 액세스 가능한 PDF 및 대형 활자 인쇄본)도 제공됩니다. 이 서비스는 무료로 이용하실 수 있습니다.

Laotian: ຖ້າທ່ານ, ຫຼື ບຸກຄົນໃດໜຶ່ງທີ່ທ່ານກຳລັງຊ່ວຍເຫຼືອ, ຕ້ອງການບໍລິການແປພາສາ, ໂທຫາເບີຂ້າງເທິງນີ້. ບອກນັ້ນ, ພວກເຮົາຍັງມີອຸປະກອນຊ່ວຍເຫຼືອ ແລະ ການບໍລິການສຳລັບຄົນຜິດການອີກດ້ວຍ, ເຊັ່ນ ເອກະສານ PDF ທີ່ສາມາດຂ້າເຖິງໄດ້ສະດວກ ແລະ ເອກະສານພິມຂະໜາດໃຫຍ່. ການບໍລິການເຫຼົ່ານີ້ແມ່ນມີໄວ້ຊ່ວຍເຫຼືອທ່ານໂດຍບໍ່ໄດ້ເສຍຄ່າໃດໆ.

Mien: Da'faanh naaiv, ae-namx maaih mienh naaiv zoux long qiemx zuqc longc, buoz zoux nyei, Heuc ndoqc zoqc gu'nguaaic. Tenx aengx zoux nyeibuangv doic mienh jieqv-yangv Baengc nyei, horngc naamh adj Haih bieqv pdf aengx bienh-dorn yienx Aamx sou, zoux yaac hnaangi ndui. Naaiv deix zoux nyei zoux yiem main mbu'ziex nyaanh haih naaiv.

Punjabi: ਜੇਕਰ ਤੁਹਾਨੂੰ, ਜਾਂ ਤੁਹਾਡੀ ਮਦਦ ਕਰਨ ਵਾਲੇ ਕਿਸੇ ਵਿਅਕਤੀ ਨੂੰ ਭਾਸ਼ਾ ਸੇਵਾਵਾਂ ਦੀ ਜ਼ਰੂਰਤ ਹੈ, ਤਾਂ ਉੱਪਰ ਦਿੱਤੇ ਨੰਬਰ 'ਤੇ ਕਾਲ ਕਰੋ। ਅਪਾਹਜ ਲੋਕਾਂ ਲਈ ਸਹਾਇਤਾ ਅਤੇ ਸੇਵਾਵਾਂ, ਜਿਵੇਂ ਕਿ ਪ੍ਰਮਾਣਿਤ PDF ਅਤੇ ਵੱਡੇ ਪ੍ਰਿੰਟ ਦਸਤਾਵੇਜ਼, ਵੀ ਉਪਲਬਧ ਹਨ। ਇਹ ਸੇਵਾਵਾਂ ਤੁਹਾਡੇ ਲਈ ਬਿਲਕੁਲ ਮੁਫਤ ਹਨ।

Russian: Если вам или человеку, которому вы помогаете, необходимы услуги перевода, звоните по телефону, указанному выше. Кроме того, мы предоставляем материалы и услуги для людей с ограниченными возможностями, например документы в специальном формате PDF или напечатанные крупным шрифтом. Эти услуги предоставляются бесплатно.

Spanish: Si usted o la persona a quien ayuda necesita servicios de idiomas, comuníquese al número que figura arriba. También hay herramientas y servicios disponibles para personas con discapacidad, como documentos en letra grande y en archivos PDF accesibles. Estos servicios no tienen costo.

Tagalog: Kung ikaw o ang taong tinutulongan mo ay kailangan ng mga serbisyo sa wika, tumawag sa numero na nasa itaas. Makakakuha rin ng mga tulong at serbisyo para sa mga taong may mga kapansanan, tulad ng naa-access na PDF at mga dokumentong malaking print. Wala kang babayaran para sa mga serbisyong ito.

Thai: หากคุณหรือคนที่คุณช่วยเหลือ ต้องการบริการด้านภาษา โปรดโทรไปที่หมายเลขด้านบน นอกจากนี้ยังมีความช่วยเหลือและบริการสำหรับผู้ทุพพลภาพ เช่น PDF ที่เข้าถึงได้และเอกสารที่พิมพ์ขนาดใหญ่ บริการเหล่านี้ไม่มีค่าใช้จ่ายสำหรับคุณ

Ukrainian: Якщо вам або людині, якій ви допомагаєте, потрібні послуги перекладу, телефонуйте на номер, наведений вище. Ми також надаємо матеріали та послуги для людей з обмеженими можливостями, як-от документи в спеціальному форматі PDF або надруковані великим шрифтом. Ці послуги для вас безкоштовні.

Vietnamese: Nếu quý vị hoặc ai đó mà quý vị đang giúp đỡ cần dịch vụ ngôn ngữ, hãy gọi số điện thoại ở trên. Chúng tôi cũng có sẵn các trợ giúp và dịch vụ dành cho người khuyết tật, như tài liệu dạng bản in khổ lớn và PDF có thể tiếp cận được. Các dịch vụ này miễn phí cho quý vị.