## Over-the-Counter (OTC) & Healthy Food Catalog

2025 Medicare Advantage Plan

spendables\*









# The Benefits of Wellcare by Health Net Add Up

Use your Wellcare Spendables<sup>™</sup> card on over-the-counter (OTC) items & Healthy Food items, such as pain relief medicine, toothpaste, cough drops, fresh fruit, veggies, and more. Browse through this catalog to find a selection of covered items. Even more items are available online and in store!

SCAN THE QR CODE WITH YOUR SMARTPHONE OR TABLET TO SEE THE OTC & HEALTHY FOOD CATEGORIES AVAILABLE.



Simply scan the QR code, log into the member portal, and select "Wellcare Spendables." From here you can:



View your benefits and card balance.



Shop approved products.



Activate your card.



Review transaction and order history.



Find participating stores.



Throughout this catalog, there are references to websites and a mobile app. If you do not have access to the web or a smartphone, you may call Member Services using the number on the back of your member ID card to discuss these benefits and features.

# Shopping Made Easy with the Wellcare Spendables™ Card



THERE ARE FOUR EASY WAYS TO ORDER YOUR OTC & HEALTHY FOOD ITEMS:



#### **IN-STORE**

For more information and to find stores near you, visit **member.membersecurelogin.com**.





For a wide variety of items, shop our online store. Visit **member.membersecurelogin.com** and sign in or click *Register*. Once you're logged in, click on the *Shop Online* page. After adding items to your cart, click on *Cart* to review your order. To complete your order, click *Check Out* and enter your shipping details. Then, click *Place Order* to have your OTC & Healthy Food items delivered to your home.

#### **MOBILE APP**

Download the free Healthy Benefits+™ mobile app to shop OTC & Healthy Food items.

## **BY PHONE**



Call **1-855-744-8550** (TTY: **711**) to order eligible OTC & Healthy Food items over the phone. Between October 1 and March 31, representatives are available Monday–Sunday, 8 a.m. to 8 p.m. Between April 1 and September 30, representatives are available Monday–Friday, 8 a.m. to 8 p.m. Please note during after hours, weekends and federal holidays from April 1 to September 30, our automated phone system may answer your call. Have the item names and ID numbers of the items you want to buy ready.

# Wellcare by Health Net Offers Free Shipping\*!

You will automatically get free shipping on all items listed on the HealthyBenefits+ site.



There is no minimum purchase needed for free shipping.

\*Some online shopping partners may incur shipping charges at checkout.







## B0046XDXXS Allegra

\$10.12

Allegra Adult 12HR Non-Drowsy Antihistamine, 12 Tablets, Fast-acting Allergy Symptom Relief, 60 mg

## BOOGA9AVH2 Benadryl

\$14.88



Benadryl Ultratabs Antihistamine Allergy Relief Medicine, Diphenhydramine HCl Tablets for Relief of Cold & Allergy Symptoms Such as Sneezing, Runny Nose, & Itchy Eyes & Throat, 100 ct



## B014HN971I Benadryl

\$21.23

Benadryl Ultratabs Go Packs, Antihistamine Allergy Medicine Tablets with Diphenhydramine HCl, Convenient for Travel & On-The-Go Cold & Allergy Relief, 60 Packets of 2 Tablets



## B074F19XB8 Amazon Basic Care \$7.67

Amazon Basic Care Complete Allergy Relief, Diphenhydramine HCl 25 mg, Relieves Symptoms, Antihistamine Tablets, 400 Count



## BOB13PZF8Z Benadryl

\$8.99

Benadryl Extra Strength Antihistamine Allergy Relief Medicine, 50 mg Diphenhydramine HCl Tablets for Relief of Allergy Symptoms Due to Hay Fever or Other Upper Respiratory Allergies, 24 ct



## B01JGZDIHQ Arm & Hammer \$21.60

Arm & Hammer Simply Saline Extra Strength Nasal Mist 4.6oz, Saline Nasal Spray, Drug-Free, 3-Pack



## B074F18H5N Amazon Basic Care \$15.99

Amazon Basic Care Allergy Relief Loratadine Tablets 10 mg, 300 Count



### B01LQBIWQ0 XYZAL

\$27.49

Xyzal Allergy Pills, 24-Hour Allergy Relief, 80-Count, Original Prescription Strength



#### B07HD646P7 HealthCareAisle \$8.10

HealthCareAisle Allergy Relief - Levocetirizine Dihydrochloride Tablets USP, 5 mg - 80 Tablets - Original Prescription Strength Allergy Medication, 24-Hour Allergy Relief, 80 Count (Pack of 1)



## B000X1H2N4 Zyrtec

\$14.37

Zyrtec 24 Hour Allergy Relief Tablets, Allergy Medicine with 10 mg Cetirizine HCl per Antihistamine Tablet for Allergies, On-The-Go Relief, Individual Travel Pouches, 14 ct, (14 x 1 ct)



## B074F145Y1 Amazon Basic Care \$15.60

Amazon Basic Care 24 Hour Allergy Relief, Cetirizine Hydrochloride Tablets, 10 mg, 300 Count



## B0010NSC1U Ayr

\$3.62

Ayr Saline Nasal Gel, With Soothing Aloe, 0.5 Ounce Tube (Pack of 1)



#### BOBX7GY18B Claritin

\$69.99

Claritin 24 Hour Allergy Medicine, Non-Drowsy Prescription Strength Allergy Relief, Loratadine Antihistamine Liqui-Gels, 1x30, 1x10, 1x60, 100 Total Liqui-Gels



#### B01HCX4B7U Vicks

\$8.33

Vicks Sinex SEVERE Nasal Spray, Original Ultra Fine Mist, Decongestant Medicine, Relief from Stuffy Nose due to Cold or Allergy, & Nasal Congestion, Sinus Pressure Relief, 265 Sprays



#### B019NX6JCM Afrin

\$6.74

Afrin Allergy Sinus Nasal Spray - Fast and Powerful Nasal Decongestion From Allergies, For Adults and Children 6 Years and Older, 0.50 Fl Oz (Pack of 1)



## BO1MTXZKMH Flonase Sensimist \$14.34

Flonase Sensimist Allergy Relief Nasal Spray for Non-Drowsy, 24-Hour Multi-Symptom Allergy Relief, 60 Sprays



## BOOM1QM8EM Nasacort

\$25.97

Nasacort 24HR Allergy Nasal Spray for Adults, Non-drowsy & Alcohol Free, 240 Sprays, 0.57 fl.oz. 2Ct



## BO7MLTLN75 Amazon Basic Care \$5.79

Amazon Basic Care No Drip Nasal Spray, 12 Hour Nasal Decongestant, Pump Mist, Oxymetazoline HCl, Cold and Allergy Nasal Spray, 1 fl oz (Pack of 1)



## BO7HD6F7DZ HealthCareAisle \$11.87

HealthCareAisle Allergy Relief - Levocetirizine Dihydrochloride Tablets USP, 5 mg, 160 Tablets, Original Prescription Strength Allergy Medication, 24-Hour Allergy Relief, 80 Count (Pack of 2)





#### BO8KSKPX7N Medline

\$42.99

Medline Heavy Duty Shower Chair Bath Bench Without Back, Bariatric Bath Chair Supports Up to 550 Lbs



## BOO2VWKOWI Drive Medical \$35.49

Drive Medical RTL12202KDR Shower Chair with Back, Adjustable Stool with Suction Feet, Shower Seat for Inside Shower or Tub, Bathroom Bench Bath Chair for Elderly and Disabled, 300 LB Weight Cap, Grey



## B008KMF6J0 Drive Medical

\$19.59

Drive Medical RTL12012 Powder-Coated Grab Bar, White



### B002VWK0U0 Drive Medical

\$69.27

Drive Medical Bariatric Heavy Duty Bath Bench



## BO1MSISJKG Medline

\$41.98

Medline Shower Chair Seat with Padded Armrests and Back Heavy Duty Shower Chair for Bathtub Slip Resistant Shower Seat with Adjustable Height Shower Chair for Inside Shower with 350 lb Capacity



#### B000BJBH48 Medline

\$33.14

Medline Toilet Safety Rail For Seniors with Easy Installation, Height Adjustable Toilet Safety Frame, Bathroom Assist Rail with Armrests, Bathroom Safety, 250 lb. Weight Capacity



## BOBP9K6NFM Waterpik

\$34.99

Waterpik High Pressure Hand Held Shower Head With Hose, PowerPulse Massage 6-Mode, Chrome XAL-643ME



## B002VWJYZW Drive Medical

\$37.25

Drive Medical Raised Toilet Seat with Lock and Lid, Standard Seat, 4"



#### B0000533DS Carex

\$29.68

Carex Toilet Seat Riser, Round Raised Toilet Seat Adds 3.5 inches to Toilet Height, for Assistance Bending or Sitting, 300 Pound Weight Capacity Toilet Riser



## **BRACES AND SUPPORTS**



#### BOO5YU8SX2 ACE

\$5.01

ACE Brand 2 Inch Elastic Bandage With Clips, Beige, 2 in x 51.2 in, Great For Elbow, Ankle, Knee & More, Comfortable Design For Prolonged Wear, Easy-to-Use Wrap Design (207310)



#### B00267SFKM Mueller

\$24.28

MUELLER Sports Medicine Self Adjusting Hinged Knee Brace, Knee Pain Relief Support for Men and Women, Ideal for Arthritis, Sprains, Black, One Size



## B07TJF2MQG Copper Fit

\$28.47

Copper Fit Adjustable Rapid Relief Back Brace with Hot/Cold Therapy, Lower Back Pain, Herniated Disc, Sciatica, Scoliosis with Lumbar Support - For home and work - Men and Women



#### BO010AXEOS Mueller

\$16.97

MUELLER Sports Medicine Adjustable Back Brace, Back Pain Relief Support for Men and Women, Ideal for Upper and Lower Back Pain, Sciatica, Scoliosis, Black



B07L4VQTPZ Copper Fit

\$8.98

Copper Fit Freedom Elbow Compression Sleeve



B005783U4I Truform

\$8.35

Truform Sheer Compression Stockings, 8-15 mmHg, Women's Knee High Length, 20 Denier, Black, Medium



B08P2CN8F6 Dr. Scholl's

\$12.98

Dr. Scholl's Men's Diabetes & Circulator Socks-4 & 6 Pair Packs-Non-Binding Moisture Management, Size 7-12



B06W9MHMTN Dr. Scholl's

\$8.73

Dr. Scholl's Men's Diabetes & Circulator Socks-4 & 6 Pair Packs-Non-Binding Moisture Management, Size 13-15



## COLD, COUGH, AND FLU



BOC6BF6Q3P Alka-Seltzer Plus \$10.47

Alka-Seltzer Plus Severe Cold PowerFast Fizz Orange Zest Effervescent Tablets, 24ct, Packaging May Vary



## BOC79PD1CF Alka-Seltzer Plus \$10.47

Alka-Seltzer Plus Severe Night Cold PowerFast Fizz Effervescent Tablets 24 Count



#### B019DL5KCO Coricidin HBP

\$8.99

\$14.97

Coricidin HBP Decongestant-Free Cough and Cold Medicine - Specially Designed Relief for High Blood Pressure, Cough, Runny Nose, Sneezing and Cold Symptoms (16 Count)



## B088Z2GNQ3 Coricidin HBP \$9.52

Coricidin HBP Maximum Strength Multi-Symptom Flu Tablets For Body Aches, Body Pains Cold and Cough Relief: Flu Medicine for Adults with High Blood Pressure - 24 Count



#### B0013FW1XA Mucinex

Mucinex 12 Hour Maximum Strength 1200 mg Guaifenesin Extended-Release Tablets for Excess Mucus Relief, Expectorant Aids Excess Mucus Removal, Chest Congestion Relief, 14 Tablets



## BO7BQKPMFM Amazon Basic Care \$11.54

Amazon Basic Care Cold and Flu Relief, Daytime and Nighttime Combo Pack Softgels, Powerful Cold Medicine for Day and Night Multi-Symptom Relief, 48 Count (Pack of 1)



## B07QW3WHD3 Amazon Basic Care \$16.99

Amazon Basic Care Mucus Relief DM,12 Hour Guaifenesin & Dextromethorphan Hydrobromide Extended-Release Tablets, 600 mg/30 mg, Cough Medicine for Adults and Children 12 Years & Over, 40 Count(Pack of 1)



#### B018GX9HII SUDAFED PE

\$10.99

Sudafed PE Sinus Congestion Maximum Strength Non-Drowsy Decongestant Tablets, 36 ct



B074F297S8 Amazon Basic Care \$6.99

Amazon Basic Care Night Time Cold & Flu Liquid, Cherry, 12 fl oz (Pack of 1)



BO7JLJ6BMB Amazon Basic Care \$10.12

Amazon Basic Care Vapor Ice Day and Night Severe Cold and Flu Relief Caplets, Maximum Strength Medicine, Combo Pack, 48 Count



BOOASEO13A Amazon Basic Care \$8.09

Amazon Basic Care Nighttime Severe Cold and Flu Syrup, Max Strength Liquid Medicine, Multi-Symptom Relief, for Adults and Children 12 Years and Older, Mixed Berry Flavor, 12 fl oz (Pack of 1)



B00I67FS10 Luden's \$1.79

Luden's Sore Throat Drops, For Minor Sore Throat Relief, Wild Cherry, 30 Count



BOOOWZVQBA Chloraseptic \$3.74

Chloraseptic Total Sore Throat + Cough Lozenges, Sugar-Free Wild Cherry Flavor, 15 Count



BO895XXS6V Chloraseptic \$5.88

Chloraseptic Warming Sore Throat Lozenges, Real Honey Lemon, 18 Count, 1 Pack



## BOO9ITR4EY Tylenol

\$8.59

Tylenol Cold + Flu Severe Medicine Caplets for Fever, Pain, Cough & Congestion, 24 ct.



## B0014CV4Y4 Chloraseptic

\$6.38

Chloraseptic Sore Throat Spray, Cherry Flavor, 6 fl oz



#### B073WMG99X Vicks

\$11.97

Vicks VapoInhaler, On-the-Go Portable Nasal Inhaler, Non-Medicated, With Refreshing Vicks Vapors, Menthol Scent, 2 Scented Sticks



### B001G7QUU0 Vicks

\$30.58

Vicks VapoRub, Original, Cough Suppressant, Topical Chest Rub & Analgesic Ointment, Medicated Vicks Vapors, Relief from Cough Due to Cold, Aches & Pains, 6oz



## B07N84SBBS Amazon Basics

\$5.00

Amazon Basics Chest Rub Cough Suppressant and Topical Analgesic Ointment, 3.53 Ounce





#### BOOJKIMXH6 FabLife

\$24.55

FabLife Hip Kit Daily Living Aids for Mobility, Hip Replacement Recovery, Knee and Back Surgery Includes Grabber Reacher, Bath Sponge Stick, Flexible Sock Aid, Shoehorn



## BOO1F5PHNY Ezy Dose

\$2.98

EZY DOSE Weekly (7-Day) Pill Case, Medicine Planner, Vitamin Organizer, Medium Compartments, Convenient and Easy to Use, Color May Vary, BPA Free



#### BOO1OK1YUA EZY DOSE

\$4.97

EZY DOSE Push Button (7-Day) Pill Case, Medicine Planner, Vitamin Organizer, 2 Times a Day AM/PM, X-Large Compartments, Arthritis Friendly, Clear Lids, Purple and Blue, BPA Free



#### BOOOEOZHFO EZY DOSE

\$10.57

EZY DOSE 3 Compartment Pill Crusher, Cutter and Grinder, Daily Usage, Safely Cut Pills, Vitamins, Tablets, Accurate and Easy Cutting, Stainless Steel Blade, Removable Drinking Cup, Red, BPA Free



## BOO1GOHIYE EZY DOSE

\$5.68

EZY DOSE 3 Compartment Pill Crusher, Cutter and Grinder, Daily Usage, Safely Cut Pills, Vitamins, Tablets, Accurate and Easy Cutting, Stainless Steel Blade, Removable Drinking Cup, Blue, BPA Free



## BOBFRX46G9 Amazon Basic Care \$5.56

Amazon Basic Care (7-Day) AM/PM Pill Organizer, Vitamin Case, And Medicine Box, Large Compartments, 2 Times a Day, Black and Clear Lids



## BOBKNSM35Q MEDICINE RX SAFE

\$19.62

Medication Carrying Case - Mini\_Silver



## BO8JMCV1XM Etekcity

\$22.99

Etekcity Scales for Body Weight, Bathroom Digital Weight Scale for Body Fat, Smart Bluetooth Scale for BMI, and Weight Loss, Sync 13 Data with Other Fitness Apps, Black, 11x11 Inch



## BO98VMYBLL Medication Log Book \$9.16

Medication Log Book: 52-Week Daily Personal Medication Administration Planner & Record Log Book



## B082319CWJ Lights By Night \$9.99

Lights By Night Mini LED Night Light, Plug-In, Dusk to Dawn Sensor, Warm White, Compact, Ambient Lighting, LED Lights for Bedroom, Bathroom, Nursery, Hallway, Kitchen, 45176, 6 Pack



#### B000GUDGUU Stander

\$13.88

Stander CarCaddie, Car Safety Grab Handle for Adults, Seniors, and Elderly, Ergonomic Vehicle Support Handle with Adjustable Strap and Non-Slip Rubber Grip, Automotive Standing and Mobility Aid



#### BOOOFZVTPU DMI

\$14.77

DMI Seat and Chair Cushion for Office Chairs, Wheelchairs, Scooters, Kitchen Chairs or Car Seats, FSA HSA Eligible, for Support and Height while Reducing Stress on Back, Tailbone or Sciatica



#### BO1KVF4XMO Able Life

\$18.79

Able Life Handy Handle, Lift Assist Device for Elderly and Disabled, Patient Standing Aid for Handicapped, Blue with Rubber Grip

#### PRODUCT DIMENSIONS

#### BO1MTKFBHY Able Life

\$14.99



Able Life Auto Cane, Portable Vehicle Support Handle for Easy Sit to Stand Assistance, Car Assist Grab Bar Handle, Daily Mobility Assistive Device for Adults, Seniors, and Elderly, Blue



## BOO4YIFAOY Able Life \$44.53

Able Life Bedside Mighty Rail, Padded Rail with Organizer Pouch for Seniors, Travel-Friendly Design Fits Most King, Queen, Full, and Twin Beds



#### BOOOGRXHIE Vicks

\$14.99

Vicks SpeedRead V912US Digital Thermometer - Packaging may vary



#### B07S2H3XB9 Omron

\$34.97

OMRON Bronze Blood Pressure Monitor, Upper Arm Cuff, Digital Blood Pressure Machine, Stores Up To 14 Readings



#### BOOOE8MW28 ADC

\$49.85

ADC 6021N Advantage Automatic Digital Blood Pressure Monitor with Storage Case, BHS AA Rated, Wide-Range Adult Navy Upper-Arm BP Cuff



#### B00I45JJRS Able Life

\$90.00

Able Life Universal Stand Assist, Chair Lift Assist for Elderly, Grab Bar Standing Aid for Seniors, Daily Living Mobility Aid



## B07D7R25JV Etekcity

\$24.99

Etekcity Smart Scale for Body Weight, Digital Bathroom Weighing Machine Fat Percentage BMI Muscle, Accurate Composition Analyzer People, Bluetooth Electronic Measurement Tool, 400lb





BO1MPYDZ13 Alka-Seltzer \$6.54

Alka-Seltzer Heartburn Relief Extra Strength Effervescent Tablets, 4-in-1 Relief from Heartburn, Sour Stomach, Acid Indigestion, and Upset Stomach, Dissolvable Antacid, 24 ct



B004PX79FC Alka-Seltzer \$10.47

Alka-Seltzer Effervescent Tablets Original Flavor, Fast Multi-Symptom Relief from Headache and Body Ache, Dissolvable Effervescent Fizzy Tablets, 72 Ct



B06XBJNV36 Nexium \$19.21

Nexium 24HR ClearMinis Acid Reducer Heartburn Relief Delayed Release Capsules For All-Day And All-Night Protection From Frequent Heartburn, Heartburn Medicine With Esomeprazole Magnesium - 42 Count



B0779CJZ9Q Amazon Basic Care \$15.72

Amazon Basic Care Esomeprazole Magnesium Delayed Release Capsules, 20 mg, Acid Reducer, Heartburn Medicine, 42 Count



B00006J3G2 Pepcid \$19.98

Pepcid Complete Acid Reducer + Antacid Chewable Tablets, Heartburn Relief, Berry, 50 ct (Package May Vary)



B07MJ87WS5 Amazon Basic Care \$12.59

Amazon Basic Care Dual Action Complete, Chewable Acid Reducer Plus Antacid Tablets, Berry Flavor, Heartburn Medicine, Acid Indigestion Relief, 50 Count



#### B07MBR87NG Amazon Basic Care \$8.99

Amazon Basic Care Original Strength Famotidine Tablets, 10 mg, Acid Reducer, Heartburn Medicine, Acid Indigestion Relief, 90 Count



#### B0014D3MGG TUMS

\$5.74

TUMS Extra Strength Assorted Berries Antacid Tablets for Heartburn Relief, 96 count



## BO7TVCKJ47 Pepcid Complete \$13.01

Pepcid Complete Acid Reducer + Antacid Chewables, 10 mg Famotidine, 800 mg Calcium Carbonate & 165 mg Magnesium Hydroxide per Tablet, Antacid Chews for Heartburn, Tropical Fruit, 25 Ct



## BOO1P5H8HC Pepcid Complete \$19.88

Pepcid Complete Acid Reducer + Antacid Chewables, 10 mg Famotidine, 800 mg Calcium Carbonate & 165 mg Magnesium Hydroxide per Tablet, Antacid Chews for Heartburn, Tropical Fruit, 50 Ct



#### B0013JIVB2 Gas-X

\$12.98

Gas-X Ultra Strength Gas Relief Softgels with Simethicone 180 mg for Bloating Relief - 50 Count



## BOOOGCED9G Imodium

\$7.99

Imodium A-D Liquid Anti-Diarrheal Medicine with Loperamide Hydrochloride to Help Control Symptoms of Diarrhea Due to Acute, Active & Traveler's Diarrhea, Mint Flavor, 4 fl. oz



#### B01HI7W5T6 Imodium

\$9.20

Imodium A-D Anti-Diarrheal Medicine Softgels, 2 mg Loperamide Hydrochloride, 12 ct.



## B01EKJ941C Mylanta

\$7.98

Mylanta Antacid and Gas Relief, Maximum Strength Formula, Classic Flavor, 12 Fluid Ounce



## B00081Q6KE Pepto Bismol

\$4.98

Pepto Bismol Liquid for Nausea, Heartburn, Indigestion, Upset Stomach, and Diarrhea - Fast Relief for 5 Symptoms, Original Flavor, 8 oz



## B000Q3H8UQ Pepto Bismol

\$7.14

Pepto Bismol Ultra, 8 Fluid Ounce



## BOO1GCU1GY Pepto Bismol

\$23.07

Pepto Bismol Caplets for Nausea, Heartburn, Indigestion, Upset Stomach, and Diarrhea, 5 Symptom Fast Relief in a Convenient Form, 40 count x 3 (120 Count Total)



## BOB9QLDSDP Pepto Bismol

\$14.38

Pepto Bismol Caplets Ultra for Nausea, Heartburn, Indigestion, Upset Stomach, and Diarrhea - 5 Symptom Fast Relief, 24 ct x 2, 48 Total



#### B000063XTO Dulcolax

\$13.39

Dulcolax Stimulant Laxative Tablets, Predictable & Effective Constipation Relief, Relieves Straining & Bloating, Bisacodyl 5 mg, 100 Count



#### B088LF79CN MiraLAX

\$17.97

MiraLAX Gentle Constipation Relief Laxative Powder with Stirrer, Stool Softener with PEG 3350, No Harsh Side Effects, Osmotic Laxative, 1 Doctor & OBGYN Recommended, 14 Dose



#### B074F2FSX5 Amazon Basic Care \$18.99

Amazon Basic Care ClearLax Polyethylene Glycol 3350 Powder for Solution, Osmotic Laxative, Relieves Occasional Constipation, Unflavored, 1.68 pound (Pack of 1)



#### B0072DDMVM Dramamine

\$10.60

Dramamine Original, Motion Sickness Relief, 36 Count



## BOOCX3ASFE Benefiber

\$22.98

Benefiber Daily Prebiotic Fiber Supplement Powder for Digestive Health, Unflavored - 125 Servings (17.6 Ounces)



## B001F0QZBC Citrucel

\$21,49

Citrucel Sugar Free Fiber Powder for Occasional Constipation Relief, Methylcellulose Fiber Powder, Orange Flavor -16.9 Ounces



## B0013I1H9G Metamucil

\$23.98

Metamucil 4 in 1 Daily Fiber Supplement Powder, Fiber Powder for Digestive Health and Regularity, Sugar-Free, Orange, Naturally Sourced Psyllium Fiber, 114 teaspoons



## B09TQ78Q5C Vitafusion

\$19.08

Vitafusion Fiber Well + Probiotics Gummies for Adults, 60 Count



## B07GPGQJR4 Amazon Basics

Amazon Basics (previously Solimo) Fiber 4g Gummy -Digestive Health, Supports Regularity, Orange, Lemon & Strawberry, 90 Gummies (2 per Serving)



#### B0009RF9KK Lactaid

\$15.37

\$10.20

Lactaid Fast Act Lactose Intolerance Chewables with Lactase Enzymes, Vanilla, 60 Count (Pack of 1)



#### B000052XB5 Lactaid

\$15.54

Lactaid Original Strength Lactose Intolerance Relief Caplets with Natural Lactase Enzyme, Dietary Supplement to Help Prevent Gas, Bloating & Diarrhea Due to Lactose Sensitivity, 120 ct





#### BOOANL4Z4I Debrox

\$5.98

Debrox Ear Wax Removal Drops, Gentle Microfoam Ear Wax Remover. 0.5 Fl Oz



## BO7TXGMJP7 Similasan

\$12.45

Similasan Searinse Ear Spray for Ear Cleaning and Ear Wax, 3.3 Fl Oz



## B07SHJGM6Q Ocuvite

\$16.99

Ocuvite Bausch + Lomb Eye Performance Formula Soft Gels, 30 Count



#### BO7SXTZVRN PreserVision®

\$33.65

PreserVision® AREDS 2 Formula + MultiVitamin Vitamin & Mineral Supplement 80 ct Soft Gels



#### BOODJUK8HS PreserVision

\$31.24

PreserVision AREDS 2 Eye Vitamin & Mineral Supplement, Contains Lutein, Vitamin C, Zeaxanthin, Zinc & Vitamin E, 120 Softgels (Packaging May Vary)



## B074V8R6NL Lipo Flavonoid

\$20.08

Lipo Flavonoid Day & Night Combo Kit, Tinnitus Relief for Ringing Ears, Lipo Flavonoid Plus & Lipo Flavonoid Night with Melatonin & Vitamin C, 90 Caplets



## BOOFQR81XU Systane

\$13.99

Systane Lid Wipes, 30 Count



## B07QWYHK55 Visine

\$12.83

Visine Allergy Eye Relief Multi-Action Antihistamine & Redness Reliever Eye Drops with Pheniramine Maleate & Naphazoline HCl, Eye Drop Treatment for Red, Itchy, Allergy Eyes, 0.5 fl. oz



## B0010L8FQ4 Bausch & Lomb

\$12.84

Bausch & Lomb Advanced Eye Relief Eye Drops, for Dry Eyes & Redness Relief, 30 mL



#### BO8F13V8NR Refresh

\$14.26

Refresh Digital Lubricant Eye Drops, 0.33 Fl Oz (Pack of 1)



## B000052XFC Refresh Plus

\$21.38

Refresh Plus Lubricant Eye Drops, Preservative-Free, 0.01 Fl Oz Single-Use Containers, 50 Count, Packaging May Vary



## BOOB6A6VFQ Refresh

\$18.09

Refresh Optive Advanced Eye Drops, 0.33 Fl Oz (Twin Pack)



#### BOOWJZAOS2 Soothe

\$9.58

Soothe Nighttime Eye Ointment by Bausch & Lomb, Lubricant Relief for Dry Eyes, 3.5 g



#### B018GXS7WK Refresh

\$14.79

Refresh Optive GEL DROPS Lubricant Eye Gel Preserved Tears, 0.33 fl oz (10 mL)



## BOOCBXQ1XO Systane

\$13.29

Systane Lubricant Eye Gel, Nighttime, 0.35-Ounces (package may vary)



## BOBW2BXNFQ Biotrue

\$18.99

Biotrue Hydration Boost Eye Drops for Irritated, Dry Eyes in Single Dose Vials from Bausch + Lomb, Instant Moisture, Preservative Free, pH Balanced, Naturally Inspired, Pack of 30 Vials



## B003H03SDQ Biotrue

\$20.49

Biotrue Contact Lens Solution, Multi-Purpose Solution for Soft Contact Lenses, Lens Case Included, 10 FL OZ (Pack of 2)



#### BOONMPN1JC TheraTears

\$13.47

TheraTears Eye Drops for Dry Eyes, Dry Eye Therapy Lubricant Eyedrops, Provides Long Lasting Relief, 30 mL, 1 Fl oz Value Size



#### B004DGKHZU Visine

\$16.64

Visine Tired Eye Dry Eye Relief Eye Drops, Moisturizing & Soothing Drops for Irritated Eyes Due to Screen & Computer Use, 0.5 fl. oz



## **FEMININE HEALTH**



#### B079Y85CGF URISTAT

\$8.83

URISTAT Ultra UTI Relief Pak, UTI Treatment for Women and Men, 1 UTI Test Strip and 12 UTI Treatment Tablets, 1 Box



#### **BOCWRZZWWF** Centrum

\$19.98

Centrum Clear Mind and Calm Mood Menopause Support Tablets, with Clinically Studied enXtra, 30 Count



#### BOCWS29XW1 Centrum

\$19.99

Centrum Restful Sleep Menopause Support Tablets, Supplement with Clinically Studied DailyZz and geniVida, 28 Count



## BOCBP8GX5V Hyland's

\$25.98

Hyland's Rock On Menopause + Youthful Skin Multivitamin for Women with Immune Support - 60 Capsules - Menopause Relief for Women with Biotin, Collagen, and Red Clover



#### B011TU8LFA Monistat

\$17.49

Monistat 3-Day Yeast Infection Treatment



#### **BOOOGCIAHM** Monistat

\$12.86

Monistat 7 Day Yeast Infection Treatment for Women, 7 Miconazole Cream Applications with Disposable Applicators, 1 Pack



#### B076SJCTV8 Monistat

\$9.29

Monistat Instant Itch Relief Spray for Women, Maximum Strength Feminine Itch Care, 2 oz



### B09Q9X63YY ONE A DAY

\$10.98

ONE A DAY Multi+ Hair, Skin & Nails, Multivitamin + Boost of Support for Healthy Hair, Skin & Nails with Biotin and Vitamins A, C, E & Zinc ,Gummy 120 Count (2 Month Supply)



## BOOOJOFX2S vitafusion

\$16.55

vitafusion Extra Strength Biotin Gummy Vitamins, Berry Flavored, 5,000 mcg Biotin Vitamins, America's Number 1 Gummy Vitamin Brand, 50 Day Supply, 100 Count (Packaging may vary)





#### BOOCYBXH7G Be Smart

\$8.34

Be Smart Get Prepared 110 pc First Aid Kit: Clean, Treat, Protect Minor Cuts, Home, Office, Car, School, Business, Travel, Emergency, Outdoor, Camping & Sports, FSA/HSA (Packaging may vary)



#### BOOOO6IDL6 BAND-AID

\$8.47

Band-Aid Brand Flexible Fabric Adhesive Bandages for Wound Care and First Aid, All One Size, 100 Count



## BOO1AJS1AQ BAND-AID

\$13.20

Band-Aid Brand Adhesive Bandages Family Variety Pack, Sheer & Clear Flexible Sterile Individually Wrapped Bandages for First Aid Wound Care for Minor Cuts & Scrapes, Assorted Sizes, 280 ct



#### B01BT3U6DW Nexcare

\$11.86

Nexcare Waterproof Bandages, Stays on in the Pool, Holds for 12 Hours, Clear Bandages for Fingers and Elbows - 100 Pack Waterproof Bandages



#### B0100VEVDG Nexcare

\$3.99

Nexcare Flexible Clear Tape, Waterproof Transparent Medical Tape, Secures Dressings and Catheter Tubing - 1 In x 10 Yds, 1 Roll of Tape



#### BOOHA8SOSK Nexcare

\$29.79

Nexcare Sensitive Skin Low Trauma Tape, 4 count



## BOOOGCKCCS Domeboro

\$13.77

Domeboro Medicated Soak Rash Relief (Burow's Solution), 12 Count (Pack of 1) - Packaging May Vary



#### BOOAHZ2YOM Curad

\$6.99

Curad Pro-Gauze Sterile Pads, 4" x, 4", 25 Count (Packaging May Vary)



## BOODUGPW40 Q-tips

\$7.72

Q-tips Cotton Swabs, 500 Count (Pack of 2)



## BOOLITXQY4 Band-Aid

\$6.43

Band-Aid Brand of First Aid Products Flexible Rolled Gauze Dressing for Minor Wound Care, Soft Padding and Instant Absorption, 3 Inches by 2.1 Yards, Value Pack 5 ct



## BO9497R2CN Amazon Basics

\$3.32

Amazon Basics Cotton Balls, 200 Count (Previously Solimo)



## BOO9UKXMLA Dynarex

\$7.28

Dynarex Povidone-Iodine Prep Pads, Saturated with Povidone Iodine 10%, Medical-Grade Antiseptic Wipes Used for Prepping Prior Minor Procedures, Medium, 1 Case of 100 Prep Pads



## B001ECQ4L2 Vaseline

\$14.97

Vaseline Petroleum Jelly Original Provides Dry Skin Relief And Protects Minor Cuts Dermatologist Recommended And Locks In Moisture, 13 Ounce (Pack of 3)



## B00169T23U Benadryl

\$5.01

Benadryl Original Strength Anti-Itch Cream, Bug Bite Itch Relief, Diphenhydramine HCl Topical Analgesic & Zinc Acetate Skin Protectant, Great for Camping Essentials, 1 oz





## BOCK525MBQ Neosporin

\$16.56

Neosporin + Lidocaine First Aid Antibiotic Ointment, Fast-Acting Topical Pain Reliever, 24-Hour Infection Protection That Numbs Away The Pain, Bacitracin Zinc, Twin Pack, 2 x 0.5 oz



## B0779CBH6S Amazon Basic Care \$5.50

Amazon Basic Care Hydrocortisone 1% Anti-Itch Cream, White, 2 Ounce (Pack of 1)





## B00164IIUI Neosporin

\$4.87

Neosporin Original Antibiotic Ointment, 24-Hour Infection Prevention for Minor Wound, .5 oz





## B000NQ10FK Neosporin

\$9.88

Neosporin + Maximum-Strength Pain Relief Dual Action Antibiotic Ointment with Bacitracin Zinc, 1 oz



#### BOBW9RS6RY Germ-x

\$12.51

Germ-x Advanced Hand Sanitizer, Back to School Supplies College, Moisturizing Clear Gel, Instant and No Rinse Formula, Mini Travel Size for On-The-Go, 2 Fl Oz (Pack of 6)



## BO9HHBYQXY Amazon Basics

Amazon Basics Petroleum Jelly White Petrolatum Skin Protectant, Unscented, 3.75 Ounce, 1-Pack (Previously Solimo)



#### BO9HHBSJNK Amazon Basics \$2.60

Amazon Basics First Aid Antiseptic, 10% Povidone Iodine Solution, 4 Fluid Ounces, 1-Pack (Previously Solimo)



## BO7NFSFBXQ Amazon Basics \$6.99

Amazon Basics 99% Isopropyl Alcohol First Aid For Technical Use,16 Fluid Ounces, 1-Pack (Previously Solimo)



#### B07NFTZ522 Amazon Basics \$10.03

Amazon Basics 91% Isopropyl Alcohol First Aid Antiseptic, Unscented 32 Fl Oz (Pack of 1) (Previously Solimo)



## B009NUFS28 Medique

\$3.71

\$3.19

Medi-First 19818 Eyewash, Eye Rinse and Protection, First Aid Supplies, 4 Ounces



#### **BOBDSZNNSH** Resinol

\$9.98

Resinol Medicated Ointment For Itch Relief And Protection Of Skin Rashes and Irritations, 1.75 Ounce Tube



## BO7NJPSDL7 Amazon Basics \$5.02

Amazon Basics Epsom Salt Soaking Aid, Eucalyptus Scented, 3 Pound (Pack of 1) (Previously Solimo)



## B07VBZ9384 Amazon Basics \$4.90

Amazon Basics Hydrogen Peroxide Topical Solution USP, 16 Fl Oz (Pack of 1), (Previously Solimo)



#### B014EVXZ9S Purell

\$23.29

Purell Hand Sanitizing Wipes, Alcohol Formula, Fragrance Free, 300 Count Individually Wrapped Hand Wipes - 9020-06-EC



## BO7NJQ9RRG Amazon Basics \$5.02

Amazon Basics Epsom Salt Soaking Aid, Lavender Scented, 3 Pound, 1-Pack (Previously Solimo)





#### BO8W6PR1RJ Dr. Scholl's

\$8.99

Dr. Scholl's Clear Away Liquid WART Remover // 1/3 fl oz, Clinically Proven, Fast-Acting, Maximum Strength for Common & Plantar Warts, Safe for Children 4+, 20 Treatments



## BOC8P9BGJL Dr. Scholl's

\$12.34

Dr. Scholl's Plantar WART Remover HYDROGEL Bandage 12 Discs 10 Cushions, Immediate Cushioning Pain Relief, Ultra-Thin, Maximum Strength, 12 Treatments



#### B016I2J81K Dr. Scholl's

\$7.99

Dr. Scholl's Corn Cushion with Hydrogel Technology, 6ct // Cushioning Protection Against Shoe Pressure and Friction That Fits Easily in Any Shoe for Immediate and All-Day Pain Relief





#### B007W9MGLI Dr. Scholl's

\$5.99

Dr. Scholl's Moleskin Padding ROLL, 1 roll // Thin, Flexible Cushioning & Pain Relief - Cut to Any Size - Doctor Recommended - 24 Inches X 4 5/8 Inches



#### B007ADOL28 Kerasal

\$17.00

Kerasal Nail Renewal, Restores Appearance of Discolored or Damaged Nails, 0.33 fl oz (Packaging May Vary)



## BO8TQMNSJ6 Kerasal

\$19.48

Kerasal Intensive Foot Repair Skin Healing Ointment for Cracked Heels and Dry Feet 1 oz, 2 Count, (Pack of 2)



## BOCQMVHKGJ Dr. Scholl's

\$14.99

Dr. Scholl's Plantar Fasciitis Pain Patches with Hydrogel Flexible Technology, 8 Ct // Clinically Tested 12-Hour Daily Pain Relief - Contours to Your Foot - with Lidocaine & Menthol, 8 Treatments



#### B012W8X01S Tinactin

\$12.47

Tinactin Antifungal Cream, Athlete's Foot Treatment, Tolnaftate 1%, Proven Clinically Effective on Most Athlete's Foot and Ringworm, 1 Ounce, 30 Grams, Tube



#### B0039NN800 Lotrimin

\$25.97

Lotrimin Athlete's Foot Deodorant Antifungal Powder Spray, Miconazole Nitrate 2%, Clinically Proven Effective Antifungal Treatment of Most AF, Jock Itch & Ringworm, 4.6 Ounce (Pack of 3)





#### B0197XWKYY A+D

\$5.49

A+D Original Diaper Rash Skin Ointment, Baby Skin Protectant With Lanolin and Petrolatum, Helps Prevent Cracked Skin and Diaper Rash, 1.5 Ounce Tube, Packaging May Vary



#### B01IAIF46I Balmex

\$10.00

Balmex Multi Purpose Healing Ointment, 3.5 Oz



#### B000YM2ED0 Desitin

\$5.98

Desitin Daily Defense Baby Cream with Zinc Oxide to Treat, Relieve & Prevent Diaper Rash, Hypoallergenic, Dye, Phthalate & Paraben-Free, 4 Oz



#### B07B3Y9FY6 Cottonelle

\$13.19

Cottonelle GentlePlus Flushable Wet Wipes with Aloe & Vitamin E, 6 Flip-Top Packs, 42 Wipes Per Pack (252 Total Wipes), Packaging May Vary



#### BOOFZGZHO8 Cottonelle

\$6.98

Cottonelle Fresh Care Flushable Wet Wipes, Adult Wet Wipes, 1 Refill Pack, 168 Wipes Per Pack, Packaging May Vary



## B087NN5QGM Cottonelle

\$34.67

Cottonelle Fresh Care On-The-Go Flushable Wet Wipes, Adult Wet Wipes, 24 On-The-Go Pack, 14 Wipes Per Pack (336 Total Wipes), Packaging May Vary



#### B010NE2XPC DUDE

\$13.38

DUDE Wipes - Flushable Wipes - 6 Pack, 288 Wipes - Unscented Extra-Large Adult Wet Wipes - Vitamin-E & Aloe - Septic and Sewer Safe



## BOC59LXJJC FitRight

\$15.29

FitRight Fresh Start Flushable & Biodegradable Personal Cleansing Wipes, 48 Count, for Urinary Incontinence with the Odor-Control Power of ARM & HAMMER Baking Soda (Pack of 4)



## BOC59P53CX FitRight

\$9.88

FitRight Fresh Start On-The-Go Flushable Wipes (48 Count), Personal Cleansing Wipes, Individually Wrapped Sachets for Urinary Incontinence with The Odor-Control Power of ARM & Hammer Baking Soda



## B095KF1C4X Amazon Basics

\$11.32

Amazon Basics Flushable Adult Toilet Wipes, Fragrance Free, 336 Count (8 Packs of 42) (Previously Solimo)



## B07C5WHH7G Preparation H

\$19.99

Preparation H Totables Hemorrhoid Flushable Wipes with Witch Hazel for Skin Irritation Relief - 50 Count



#### B01KLKH2MW Medline

\$8.51

Medline Remedy Clinical Zinc Oxide Paste Skin Protectant (4 oz Tube), Vanilla Scent, Diaper Rash Cream, Incontinence Care, Wetness Protection, Paraben Free, Hypoallergenic, Adults, Children



#### B078TLM8X3 Medline

\$24.75

Medline Remedy Olivamine Calazime Skin Protectant Paste Cream, Used with Dry Chapped from Diaper Rash, Incontinence, Dermatitis, Psoriasis, Burns, Bites, White, 4 Oz, 3 Count



#### B09JCQHFQ2 TENA

\$11.79

TENA ProSkin Barrier Cream for Fragile Skin, Fragrance Free, 3.4 Fl. Oz, Pack of 1



## BOBMNC2P5D Triple Paste

\$24.42

Triple Paste Adult Incontinence Rash Treatment - 8 oz Jar - Diaper Rash Ointment for Adults Treats, Soothes and Prevents Skin Irritation with a Fragrance-Free, Hypoallergenic Formula



## **BOBCMQMVHK** Always

\$16.99

Always Discreet Incontinence Pads for Bladder Leaks Sensitive Skin Pads Moderate Absorbency, 57 Count (Packaging May Vary)



## B01N15BQDY Always

\$27.96

Always Anti-Bunch Xtra Protection, Panty Liners for Women, Extra Long Length, Unscented, 92 Count (Pack of 4) (368 Count) (Packaging May Vary)



## B08QL9B57L One by Poise

\$19.99

One by Poise Panty Liners (2-in-1 Period & Bladder Leakage Daily Liner), Long, Extra Coverage for Period Flow, Very Light Absorbency for Bladder Leaks, 150 Count (3 Pack of 50)



#### B0154QERNA Poise

\$11.96

\$5.31

Poise Daily Liners, Incontinence Panty Liners, 2 Drop Very Light Absorbency, Long Length, 176 Count of Pantiliners (4 Packs of 44), Packaging May Vary



#### B09B7W9F9F Amazon Basics

Amazon Basics Ultra Thin Incontinence, Bladder Control & Postpartum Pads for Women, Regular Length, Light Absorbency, Unscented, 30 count, 1 Pack, White (Previously Solimo)



#### B098V8S73L Amazon Basics

\$15.38

Amazon Basics Incontinence, Bladder Control & Postpartum Pads for Women, Maximum Absorbency, Long Length, Unscented, 78 Count (2 Packs of 39) (Previously Solimo)



#### BO72LY2FT2 TENA

\$39.79

TENA Incontinence Pads, Bladder Control & Postpartum for Women, Overnight Absorbency, Extra Coverage, Intimates - 90 Count



## BOOOMEZQKO Medline

\$14.16

Medline FitRight OptiFit Extra Adult Briefs, Incontinence Diapers with Tabs, Moderate Absorbency, Small, 20 to 32", 20 Count



## B075N94QM3 Medline

\$14.84

Medline FitRight OptiFit Extra Adult Briefs, Incontinence Diapers with Tabs, Moderate Absorbency, Medium, 32 to 44", 20 Count



#### BOOA8E4XVK Medline

\$17.49

Medline FitRight OptiFit Extra Adult Briefs, Incontinence Diapers with Tabs, Moderate Absorbency, Large, 44 to 56", 20 Count



## B075N94QVR Medline

\$13.45

Medline FITEXTRAXLGZ FitRight Extra Briefs, 56-64", XL Size, 20 Count (Pack of 1)



#### B098V89KCB Amazon Basics

\$18.52

Amazon Basics Incontinence Guards for Men, Maximum Absorbency, 104 Count, 2 Packs of 52, White (Previously Solimo)



## BO98V7GFHR Amazon Basics

\$30.84

Amazon Basics Incontinence Underwear for Men, Maximum Absorbency, Small/Medium, 60 Count, 3 Packs of 20, White (Previously Solimo)



## B098V9NKBL Amazon Basics

\$32.69

Amazon Basics Incontinence Underwear for Men, Maximum Absorbency, Large, 54 Count (3 Packs of 18), White (Previously Solimo)



## **B098V9TYDW** Amazon Basics

\$36.33

Amazon Basics Incontinence Underwear for Men, Maximum Absorbency, X-Large, White, 48 Count, 3 Packs of 16 (Previously Solimo)



### B098V81G31 Amazon Basics

Amazon Basics Incontinence & Postpartum Underwear for Women, Maximum Absorbency, Small, 72 Count, 3 Packs of 24, Lavender (Previously Solimo)

\$28.99



### B098VCLV5Z Amazon Basics \$29.73

Amazon Basics Incontinence & Postpartum Underwear for Women, Maximum Absorbency, Medium, 60 Count, 3 Packs of 20, Lavender (Previously Solimo)



### BO93WPMHR6 Amazon Basics \$12.35

Amazon Basics Incontinence & Postpartum Underwear for Women, Maximum Absorbency, Large, 18 Count, Lavender (Previously Solimo)



### BO98V9TYBX Amazon Basics \$28.68

Amazon Basics Incontinence & Postpartum Underwear for Women, Maximum Absorbency, Extra Large, 48 Count (3 Packs of 16), Lavender (Previously Solimo)



### B098VCLV7G Amazon Basics \$37.37

Amazon Basics Incontinence Underwear for Men and Women, Overnight Absorbency, Small/Medium, 64 Count (4 Packs of 16), White (Previously Solimo)



### BO98V84HGK Amazon Basics \$37.37

Amazon Basics Incontinence Underwear for Men and Women, Overnight Absorbency, Large, 56 Count, 4 Packs of 14, White (Previously Solimo)



### B098V8D4B1 Amazon Basics

Amazon Basics Incontinence Underwear for Men and Women, Overnight Absorbency, Extra Large, 12 Count, 1 Pack, White (Previously Solimo)



### B07NC73KZD Medline

\$9.86

\$11.68

Medline Remedy Specialized Zinc Oxide Paste with Menthol (4 oz Tube), Unscented, Calamine, Incontinence Care, Diaper Rash, Wetness Protection, Hypoallergenic, Paraben Free, Adults, Soothing



\$39.98



A+D Original Diaper Rash Ointment - Prevents & Protects Diaper Rash - Moisturizing Skin Protectant With Vitamins A & D - Healing Skin Ointment for Dry and Cracked Skin - 16oz - Pack of 2





### B01MG58SPC GUM

\$5.49

GUM Denture Brush - Dual Headed Hard Bristle Toothbrush for Dentures & Acrylic Retainers - Dentist Recommended Denture Cleaner (Pack of 1)



## B0045IZ9Z4 Orabrush

\$14.49

Orabrush Tongue Scraper, Multi, 4 Count



### BOO2ECXUZO Sea Bond

\$8.61

Sea Bond Secure Denture Adhesive Seals, Original Lowers, Zinc-Free, All-Day-Hold, Mess-Free, 30 Count (Pack of 1)



### BO02ECW9BO Sea-Bond

\$7.49

Sea Bond Secure Denture Adhesive Seals, Original Uppers, Zinc-Free, All-Day-Hold, Mess-Free, 30 Count (Pack of 1)



### B01498R95W Efferdent

\$8.69

Efferdent Retainer Cleaning Tablets, Denture Cleanser Tablets for Dental Appliances, Complete Clean, 126 Tablets



### BO7FLBBWJR Oral-B

\$7.99

Oral-B Glide Pro-Health Comfort Plus Dental Floss, Mint



### B010B9124W Plackers

\$9.68

Plackers Twin-Line Dental Floss Picks, 75 Count (Pack of 4)



### **BO8N7GMGML** Amazon Basics

\$28.49

Amazon Basics HydroClean Cordless Water Flosser, 1 Handle, 2 Flosser Tips, 2 AA batteries included



### **BO8QWYMKFK** Amazon Basics

\$5.04

Amazon Basics Orbit Toothbrushes, Soft, Full, 4 Count, Assorted Colors (Previously Solimo)



## BOOCC6XSSQ Colgate

\$3.32

Colgate Extra Clean Toothbrush, Soft Toothbrush for Adults Packaging May Vary, 6 Count



## BO9LD7WRVS Philips

\$39.99

Philips Sonicare 4100 Power Toothbrush, Rechargeable Electric Toothbrush with Pressure Sensor, Black



### BOB9FXDMXB Colgate

\$7.49

Colgate Total Plaque Pro Release Fresh Mint Toothpaste, 1 Pack, 3.0 Oz Tube



### B0788C493C Parodontax

\$18.72

Parodontax Teeth Whitening Toothpaste To Help Bleeding Gums, Gum Toothpaste For Gum Health, 3.4 Oz x 3



## B07C1ZWH94 Sensodyne

\$11.82

Sensodyne Complete Protection Sensitive Toothpaste For Gingivitis, Sensitive Teeth Treatment, Extra Fresh - 3.4 Ounces (Pack of 2)



## B005PLQIQ4 Crest

\$7.49

Crest + Scope Complete Whitening Toothpaste - Pack of 3, 5.4 Oz Tubes - Anticavity Fluoride Toothpaste - Fresh Breath, Kills Germs - Tartar Protection, Enamel Protection - Minty Fresh Flavor



### B088LBWDH1 Betadine

\$8.47

Betadine Antiseptic Medicated Gargle, Povidone-Iodine O.5%, Treat and Relieve Sore Throat Symptoms, Temporarily Reduces Germs Normally Found in The Mouth, Mint Flavor, 8 FL OZ



### BOO2KAOAZ4 biotène

\$10.98

biotène Oral Rinse Mouthwash for Dry Mouth, Breath Freshener and Dry Mouth Treatment, Fresh Mint - 33.8 fl oz



### BO8RNF46MZ DenTek

\$12.32

DenTek Canker Relief Sore Patch Relieves Canker Pain, 6 Count (Pack of 1)



### B0794PSPL3 TheraBreath

\$5.99

TheraBreath Dry Mouth Lozenges with ZINC, Tart Berry Flavor, 24 Lozenges



## PAIN RELIEF AND MANAGEMENT



### B0875P8B7G Advil

\$21.08

Advil Liqui-Gels minis Pain Reliever and Fever Reducer, Pain Medicine for Adults with Ibuprofen 200mg for Pain Relief -50x2 Liquid Filled Capsules



### B074F18H5P Amazon Basic Care \$4.79

Amazon Basic Care Ibuprofen Tablets, Fever Reducer and Pain Relief from Body Aches, Headache, Arthritis and More, Brown, 200 Count



### B074F2TF6J Amazon Basic Care \$9.99

Amazon Basic Care Ibuprofen Liquid Gels 200 mg, Pain Reliever/Fever Reducer Liquid Filled Capsules, For Headache, Toothache, Backache, Menstrual Cramps and More, 160 Count



### B0964NYMG4 Aleve

\$20.90

Aleve Headache Pain Reliever & Fever Reducer Tablets, Naproxen Sodium, for Headache Pain Relief, Pain Medicine for Adults, Headache Pain Relief Pills, 175 Count



### B074F2FSX4 Amazon Basic Care \$11.99

Amazon Basic Care Naproxen Sodium Tablets 220 mg, Pain Reliever/Fever Reducer (NSAID), Muscular Aches, Backache, Headache, Toothache, Minor Arthritis Pain Relief and More, 300 Count



## B07QZ984TV Amazon Basic Care \$16.56

Amazon Basic Care All Night Pain Relief PM, Naproxen Sodium, 220 mg/Diphenhydramine Hydrochloride, 25 mg Tablets, Pain Reliever/Nighttime Sleep-Aid, 160 Count



## BOO1LFFPT4 Bayer

\$14.62

Bayer Aspirin Low Dose 81 mg, Enteric Coated Tablets, Doctor Recommended, Secondary Prevention of Cardiovascular Disease, 300 Safety Coated Tablets



## BOOL45KPG4 Bayer

\$17.17

Bayer Extra Strength 500mg Aspirin Plus Caffeine for Powerful Pain Relief, 200 Coated Caplets



### B01341NLE8 Excedrin

\$18.52

Excedrin Migraine Relief Caplets to Alleviate Migraine Symptoms - 200 Count



### B017P2XGJ2 Excedrin

\$6.84

Excedrin PM Pain Reliever and Nighttime Sleep-Aid Caplets for Headache Relief - 24 Count



### B0034XS7DC Motrin IB

\$15.27

Motrin IB, Ibuprofen 200mg Tablets, Pain Reliever & Fever Reducer for Muscular Aches, Headache, Backache, Menstrual Cramps & Minor Arthritis Pain, NSAID, 225 Ct



### B08NKJG11F Nervive

\$16.90

Nervive Nerve Relief, with Alpha Lipoic Acid, to help Reduce Nerve Aches, Weakness, & Discomfort in Fingers, Hands, Toes, & Feet, ALA, Vitamins B12, B6, & B1, Turmeric, Ginger, 30 Daily Tablets



### BO1HI7WPOU Tylenol

\$9.99

Tylenol Extra Strength Acetaminophen Rapid Release Gels, Pain Reliever & Fever Reducer, 100 ct



### B01EMZC8FI Tylenol

\$18.19

Tylenol Extra Strength Caplets with 500 mg Acetaminophen, Pain Reliever and Fever Reducer for Headache, Backache, Toothache & Minor Arthritis Pain Relief. 225 Count



### B074F2H9VT Amazon Basic Care \$4.79

Amazon Basic Care Extra Strength Pain Relief, Acetaminophen Caplets, 500 mg, 200 Count



### B074F2TF79 Amazon Basic Care \$9.59

Amazon Basic Care Extra Strength Pain Relief, Acetaminophen Caplets, 500 mg, Pain Reliever/Fever Reducer, 500 Count



## BO1HI7WP6E Tylenol PM

\$19.97

Tylenol PM Extra Strength Nighttime Pain Reliever & Sleep Aid Caplets, 500 mg Acetaminophen & 25 mg Diphenhydramine HCl, Relief for Nighttime Aches & Pains, Non-Habit Forming, 150 ct



### B074F2GP2F Amazon Basic Care \$6.99

Amazon Basic Care Acetaminophen PM Caplets, Pain Reliever Plus Nighttime Sleep Aid, Extra Strength, Helps Occasional Minor Aches, Pains and Headache Relief, 100 Count, Packaging may vary



### B08X99HBH4 AleveX

\$14.94

AleveX Topical Pain Relief Lotion with Rollerball Applicator -Long Lasting Arthritis and Muscle Pain Relief, 2.5 oz



### B0815H293N Aspercreme

\$9.98

Aspercreme Essential Oils Lidocaine Pain Relief With No-Mess Roll-On Applicator, Max-Strength Lidocaine Numbs Away Nerve Pain, Moisturizing Aloe Hydrates Skin, Lavender, 2.5 Oz.



## B097S6G8JM Tylenol

\$12.84

Tylenol for Children & Adults Liquid Pain Relief and Fever Medication, Oral Suspension, Dye-Free Acetaminophen, Fever Reducer, Liquid Medicine for The Family; Cherry Flavor, 8 fl. oz.; Pack of 1



### B01GZQ4AM6 Biofreeze Professional \$10.79

Biofreeze Professional Strength Pain Relief Roll-On, Arthritis Pain Reliver, Knee & Lower Back Pain Relief, Sore Muscle Relief, Neck Pain Relief, FSA Eligible, 3 FL OZ Biofreeze Menthol Roll-On



### BOCTTLFN9G Advil

\$19.19

Advil Targeted Relief Pain Relieving Cream, Up to 8 Hours of Powerful Relief of Minor Arthritis Pain, Joint Pain, Lower Back Pain and Muscle Pain - 4 oz



## BO84HDDQZL Bengay

\$9.83

Bengay Pain Relieving Lidocaine Cream, Non-Greasy Topical Analgesic Cream with The Maximum Strength Numbing Relief of 4% Lidocaine HCl, Pleasant and Soothing Tropical Jasmine Scent, 3 oz



### BOC3JFNMZK Tylenol

\$11.13

Tylenol Precise Cooling Pain Relieving Cream, Maximum Strength 4% Lidocaine & 1% Menthol Cream for Joint Pain, Fast-Acting, Penetrating Pain Relieving Cream, Light Scent, 4oz



## BOCRGP9KXS Tylenol

\$11.58

Tylenol Precise Warming Pain Reliever Cream, Maximum Strength 4% Lidocaine Warming Pain Cream for Back, Knee & Joint Pain, Fast-Acting, Penetrating Pain Relief Cream, Light Scent, 4 oz



### BO87R3TFLB GoodSense

\$13.99

GoodSense Arthritis Pain Relieving Gel, Diclofenac Sodium Topical Gel, 1 Percent, 3.53 Ounces



### BO8G5SHMYY HealthCareAisle

\$10.32

HealthCareAisle Diclofenac Gel, 1%, Arthritis Pain Relief - 100 g tube - Original Prescription Strength (NSAID)



### BO75MM8KM4 BC Powder

\$11.63

BC Powder Pain Reliever, Cherry Flavor Aspirin Dissolve Packs, 24 Count Powder Packets (2 Pack)



## BOOOGGFYZE Icy Hot

\$5.99

Icy Hot Original Small Pain Relief Patches (5 Count) Powerful Targeted Relief for Arm, Neck & Leg



### BO1AB4U6PI Salonpas

\$10.34

Salonpas Pain Relieving Patch for Back, Neck, Shoulder, Knee Pain and Muscle Soreness - 8 Hour Pain Relief - 60 Count



## BOBN4JMRZM Salonpas

\$12.98

Salonpas Maximum OTC Strength Lidocaine 4% Pain Relieving FLEX Patch, Apply for Up To 8 Hours, Unscented, Thin, Flexible, Lightweight, Patch Stays in Place, 7 Patches



### BOBSP3ZF92 Bayer

\$12.99

Bayer New Rapid Relief Powder Packs with Aspirin & Caffeine, Dissolvable Fast Acting Pain Relief, Works at Site of Pain to Relieve Headache, Muscle and Body Pain, Raspberry Flavor, 30 Count



## B00412QET4 Boil Ease

\$11.13

Boil Ease Pain Relieving Ointment, 1 Ounce



### B0753PSVY7 Sunbeam

\$49.72

Sunbeam Contoured Heating Pad for Neck & Shoulder Pain Relief with Auto Shut Off, Moist Heating Option, 22 x 19, Grey



## BO7PPTPWFC Preparation H

\$20.45

Preparation H Hemorrhoid Cooling Gel with Aloe for Fast Discomfort Relief - 1 8 Oz Tube



### BO8X7GV8CP AleveX

\$11.88

AleveX Pain Relieving Lotion, Powerful & Long Lasting for Targeted Joint & Muscle Pain Relief, 2.7 oz Tube



## BO7PNNS3MF Preparation H

\$13.99

Preparation H Hemorrhoid Cream with Aloe for Multi-Symptom Relief - 1.8 Oz Tube



## BO7QJZYFSD Amazon Basic Care \$6.49

Amazon Basic Care Hemorrhoid Ointment, Hemorrhoid Treatment, Pain Relief, Relieves Burning, Itching and Discomfort, 2 ounce (Pack of 1)



## **SKIN AND SUN CARE**



### B0000560WW Abreva

\$16.65

Abreva Docosanol 10% Cream Tube, FDA Approved Treatment for Cold Sore/Fever Blister, 2 grams



## B008SQSBJK Aquaphor

\$4.49

Aquaphor Lip Repair Lip Balm with Sunscreen, Lip Protectant, Lip Balm SPF 30, 0.35 Oz Tube



#### BOOOUEAARO Aveeno

\$4.99

Aveeno Fragrance Free Soothing Bath Treatment, 100% Natural Colloidal Oatmeal, Sensitive Skin Bath Soak for Relief of Dry, Itchy, Irritated Skin Due to Eczema & Hives, Bath Packets, 8 ct.



#### BOOOVPPUEA Bio-Oil

\$10.06

Bio-Oil Skincare Body Oil, Vitamin E, Serum for Scars & Stretchmarks, Face & Body Moisturizer, 2 oz, All Skin Types



### BOOGIHMOGW Gold Bond

\$9.59

Gold Bond Medicated Eczema Relief Skin Protectant Cream, 8 oz., With 2% Colloidal Oatmeal



### **BOODEXAOLY** Eucerin

\$12.97

Eucerin Eczema Relief Cream, Full Body Lotion for Eczema-Prone Skin, Moisturizing Eczema Cream, Body Moisturizer, 8 oz. Tube



### B000XY9LT4 Eucerin

\$11.30

Eucerin Intensive Repair Body Lotion for Very Dry, Flaky Skin, Fragrance Free Body Moisturizer with Alpha Hydroxy, 16.9 Fl Oz Bottle



## B0173G3AY6 Coppertone

\$8.04

Coppertone SPORT Sunscreen SPF 50 Lotion, Water Resistant Sunscreen, Body Sunscreen Lotion, 7 Fl Oz



## BO9P4DMFBZ Coppertone

\$23.72

Coppertone SPORT Sunscreen SPF 70 Water Resistant Sunscreen Lotion, Broad Spectrum, Bulk Sunscreen Pack, 7 Fl Oz Bottle, Pack of 2



## BO01P92FMG Neutrogena

\$10.68

Neutrogena Sport Face Sunscreen, Broad Spectrum Sunblock SPF 70+, Water Resistant Sunscreen For Face, Sweat Resistant Oil Free Sunscreen Lotion, 2.5 FL OZ



### BO9TB6R8DJ Medline

\$12.99

Medline Remedy Clinical Skin Cream Moisturizer, Unscented (16 fl oz Pump Bottle), Nourishing for Dry Skin, Paraben & Sulfate-Free Moisturizing Cream for Face and Body, Lotion for Sensitive Skin



### B09CW3549F O'Keeffe's

\$15.03

O'Keeffe's Working Hands Night Treatment Hand Cream, 7 oz Tube, (Pack of 1)



#### B005IHN52A Aveeno

\$13.31

Aveeno Skin Relief Overnight Intense Moisture Cream with Triple Oat Complex & Natural Shea Butter, Therapeutic Dimethicone Skin Protectant for Dry Itchy Skin Relief, Fragrance- & Steroid-Free, 7.3 oz



### BOOOYJOMPG OFF!

\$6.98

OFF! Deep Woods Insect Repellent Aerosol, Bug Spray with Long Lasting Protection from Mosquitoes, 6 oz



## B07GTB86D2 ChapStick

\$9.26

ChapStick Moisturizer Cool Mint Lip Balm Tubes - 0.15 Oz (Pack of 3)



## BOO64OPHUE Australian Gold

\$7.99

Australian Gold Aloe Vera with Ounce Relieves Sunburn Pain and Hot Itchy Skin, Aloe Freeze Spray Gel w/ Lidocaine, 8 Fluid Ounce



### B07NG52K2X Amazon Basics

\$3.59

Amazon Basics After Sun Gel with Aloe Vera, Lidocaine and Menthol, 16 Fl Oz (Pack of 1) (Previously Solimo)



### BO9KRH7FGN Selsun Blue

\$13.60

Selsun Blue Itchy Dry Scalp Anti-Dandruff Shampoo, Extra-Hydrating Formula, Pyrithione Zinc 1%, 21 Oz



### BO9HHC154L Amazon Basics

\$8.32

Amazon Basics Dandruff Shampoo, Everyday Use, Normal to Oily Hair, 33.8 Fluid Ounces, 1 Pack (Previously Solimo)



### BOOOCN96FQ Gold Bond

\$5.98

Gold Bond Diabetics' Dry Skin Relief Body Lotion, 4.5 oz., With Aloe to Moisturize & Soothe



### BOOTLVEDQQ Gold Bond

\$11.13

Gold Bond Diabetics' Dry Skin Relief Body Lotion, 18 oz., With Aloe to Moisturize & Soothe



#### BO7HRG7FYW CeraVe

\$10.22

CeraVe Moisturizing Cream for Diabetics' Dry Skin



## B001IAG7G2 Aquaphor

\$6.24

Aquaphor Healing Ointment Advanced Therapy Skin Protectant, Body Moisturizer for Dry Skin, Minor Cuts and Burns, Dry Cuticles, Cracked Heels, Hands and Lips, 0.35 Oz Tube, Pack of 2



## B006IB5T4W Aquaphor

\$17.14

Aquaphor Healing Ointment Advanced Therapy Skin Protectant, Body Moisturizer for Dry Skin, Minor Cuts and Burns, Dry Cuticles, Cracked Heels, Hands and Lips, 14 Oz Jar



## BOBJQJXCNN Dr. Scholl's

\$19.98

Dr. Scholl's Freeze Away Skin TAG Remover, 8 Ct // Removes Skin Tags in As Little As 1 Treatment, FDA-Cleared, Clinically Proven, 8 Treatments



### BO83VY5GVN BLUE LIZARD

\$12.99

BLUE LIZARD Sensitive Mineral Sunscreen with Zinc Oxide, SPF 50+, Water Resistant, UVA/UVB Protection with Smart Bottle Technology - Fragrance Free, 5 oz



## BO9RKTG2Z3 Aquaphor

\$16.21

Aquaphor Lip Repair Stick with Sunscreen, Lip Protectant, Soothes Dry Chapped Lips, 0.17 Oz Stick, 2 Count (Pack of 2)



### B09HHD9X58 Amazon Basics

\$8.99

Amazon Basics Healing Ointment and Skin Protectant for Dry & Cracked Skin, Fragrance Free, 14 Ounce, Pack of 1



### B01DCTB9X2 Cortizone

\$8.77

Cortizone 10 Anti-Itch Lotion for Psoriasis 3.4 oz (96g), Maximum Strength 1% Hydrocortisone



## B09MV4618C Neutrogena

\$13.64

Neutrogena Ultra Sheer Dry Touch SPF 50 Mineral Sunscreen Stick for Sensitive Skin, Face & Body Sunscreen with Zinc Oxide & Vitamin E, No White Residue, Non-Comedogenic & Vegan, 1.5 oz



### BOOANL8QHA Neutrogena

\$9.09

Neutrogena Beach Defense Spray Sunscreen with Broad Spectrum SPF 70, Fast Absorbing Sunscreen Body Spray Mist, Water-Resistant UVA/UVB Sun Protection, Oxybenzone Free, 6.5 oz



## B005IHT94S Neutrogena

\$8.74

Neutrogena Ultra Sheer Dry-Touch Water Resistant and Non-Greasy Sunscreen Lotion with Broad Spectrum SPF 70, 3 Fl Oz (Pack of 1)



### B07PJV2Y37 Solimo

\$5.24

Amazon Brand - Solimo Sport Sunscreen Lotion, SPF 30, Formulated without Octinoxate & Oxybenzone, Broad Spectrum UVA/UVB Protection, unscented, 8 fl oz (Pack of 1)



### B075N8CDGT CeraVe

\$13.74

CeraVe Cleanser for Psoriasis Treatment



### BO8HP54CVQ Head & Shoulders \$17.57

Head & Shoulders Clinical Dandruff Shampoo Twin Pack, Advanced Oil & Flake Control, Selenium Sulfide for Seborrheic Dermatitis Relief, Prescription Strength Scalp Care, Refreshing Citrus, 13.5 Oz Each



### BOO4Y99BRQ OFF!

\$9.58

OFF! Family Care Insect & Mosquito Repellent Spritz, Bug Spray Containing 7% DEET, Unscented Repellent with Aloe Vera Protects Against Mosquitoes, 9 Oz



## B08QN72JCY Nizoral

\$16.44

Nizoral Scalp Psoriasis Shampoo & Conditioner, 11 Ounce



### BOBH8KD8GN Nix

\$19.99

Nix Lice Treatment & Prevention Kit, All-in-One Shampoo, 4 fl oz, with Lice Removal Comb and Lice Prevention Daily Leave-in Spray, 6 fl oz



### BO9JGSRPZ5 Amazon Basics

\$4.94

Amazon Basics Sunburn Relief Gel with Aloe Vera, 8 oz (Pack of 1) (Previously Solimo)



## **SLEEPING AND SNORING**



## BOCQDZDZY4 ZzzQuil

\$23.51

ZzzQuil, Sleep Nasal Strips, Clear Nighttime Nasal Strips, Instantly Opens Nose for Better Breathing, Reduces Nasal Congestion for Less Snoring and Better Sleep, Drug Free, Unscented, 52ct



BO79HXLZGY Amazon Basic Care \$10.49

Amazon Basic Care Nighttime Sleep Aid Tablets for Adults, Doxylamine Succinate 25 mg, 96 Count



### BO7BBFFTKH Amazon Basics

Amazon Basics Melatonin 5mg, 120 Gummies (2 per Serving), Strawberry (Previously Solimo)



### BO7PF1SN5B Vitafusion

\$13.39

\$7.54

Vitafusion Max Strength Melatonin Gummy Supplements, Strawberry Flavored, 10 mg Melatonin Sleep Supplements, America's Number 1 Gummy Vitamin Brand, 50 Day Supply, 100 Count



### B079TD7HG2 Natrol

\$10.98

Natrol 10 mg Melatonin Gummies, Sleep Support for Adults, Melatonin Supplements for Sleeping, 90 Strawberry-Flavored Gummies, 45 Day Supply



### B001QFEY5U Unisom

\$5.87

Unisom SleepMelts, Nighttime Sleep-aid, Diphenhydramine HCI, 24 Tablets, 25mg



## B002CVV1JO Unisom

\$13.56

Unisom SleepTabs, Nighttime Sleep-aid, Doxylamine Succinate, 48 Tablets



## B007MB60CC ZzzQuil

\$13.49

ZzzQuil, Nighttime Sleep Aid LiquiCaps, 25 mg Diphenhydramine HCl, No.1 Sleep-Aid Brand, Non-Habit Forming, Fall Asleep Fast, 48 Count



## BOO7PQSEEG ZzzQuil

\$11.11

ZzzQuil, Nighttime Sleep Aid Liquid, 50 mg Diphenhydramine HCl, No. 1 Sleep Aid Brand, Fall Asleep Fast, Non-Habit Forming, Warming Berry Flavor, 6 FL OZ



## **VITAMINS AND SUPPLEMENTS**



### B002H0KZ9M vitafusion

\$10.98

Vitafusion MultiVites Gummy Multivitamins for Adults with 12 Vitamins and Minerals, Berry, Peach and Orange Flavored, America's Number 1 Gummy Vitamin Brand, 75 Day Supply, 150 Count



## B07JGW2JKF Amazon Basics

\$8.39

Amazon Basics Adult Multivitamin, 150 Gummies, 75-Day Supply, Mixed Berry & Cherry (Previously Solimo)



## B07JGBW826 Amazon Basics

\$14.30

Amazon Basics Adult Multivitamin for Men & Women, 300 Gummies with Vitamins A, C, D, E, B-6 and B-12, 150 Count (Pack of 2) (150 Day Supply) (Previously Solimo)



### B0007PLPOW 21st Century

\$12.15

21st Century Sentry Senior Tablets, 265 Count



### B007L0D0NW vitafusion

\$10.98

vitafusion Adult Gummy Vitamins for Men, Berry Flavored Daily Multivitamins for Men With Vitamins A, C, D, E, B6 and B12, America's Number 1 Gummy Vitamin Brand, 75 Day Supply, 150 Count



### B075DLLC4S Amazon Elements \$19.30

Amazon Elements Men's One Daily Multivitamin, 62% Whole Food Cultured, Vegan, 65 Tablets, 2 month supply (Packaging may vary)



### B08FVZ3C19 Centrum Silver

\$15.67

Centrum Minis Silver Multivitamin Tablet for Adults 50 Plus, Multimineral Supplement, Vitamin D3, B-Vitamins, Gluten Free, Non-GMO Ingredients, Supports Memory and Cognition in Older Adults - 320 Ct



## BO7RGXZSNJ Amazon Basics

\$14.69

Amazon Basics Women's Multivitamin, 300 Gummies (150 Servings) (Previously Solimo)



## BOC2WQN8XX One A Day

\$17.37

One A Day Cognitive Supplement - Brain Supplement to Support Cognitive Performance for Men and Women with Bacopa. Also includes Rhodiola, & Holy Basil, 30 Capsules



### B0019CULMA One A Day

\$11.57

One A Day Energy Multivitamin with Vitamin A, C, D, E, Zinc for Immune Health\*, Caffeine, Biotin, B6, B12 & More, 50 Tablets



### BO01F1HU3S Nature Made \$15.99

Nature Made Vitamin B12 500 mcg, Dietary Supplement for Energy Metabolism Support, 200 Tablets, 200 Day Supply



### BOODYSUQR2 Nature Made \$12.00

Nature's Bounty Vitamin B12, Supports Energy Metabolism, Tablets, 1000mcg, 200 Ct



## B003VR5GA8 Superior Source \$12.10

Superior Source Biotin 1000 mcg. Under The Tongue Quick Dissolve MicroLingual Tablets, 100 Count, Supports Healthy Hair, Skin, and Nail Growth, Helps Support Energy Metabolism, Non-GMO



## BO014D2GEK Nature's Bounty \$9.49

Nature's Bounty Super B Complex with Vitamin C & Folic Acid, Immune & Energy Support, 150 tablets



## B071NSJ9YL Emergen-C \$14.99

Emergen-C Immune+ Immune Gummies, Vitamin D plus 750 mg Vitamin C, Immune Support Dietary Supplement, Caffeine Free, Gluten Free, Super Orange Flavor - 45 Count



### B06XBXZXV5 Emergen-C \$11.03

Emergen-C 750mg Vitamin C Gummies for Adults, Immunity Gummies with B Vitamins, Gluten Free, Orange, Tangerine and Raspberry Flavors, 45 Count (Pack of 1)



## BOO1TSBSLM Nature's Bounty \$7.21

Nature's Bounty Time Released Vitamin C, Immune Support, Vitamin Supplement, 500mg, 100 Capsules



### BO7DR71BR2 Revly

\$8.99

Amazon Brand - Revly Vitamin C, 2500 mg Collagen Peptides per Serving, 90 Tablets, 1 Month Supply



### BOO9E9YK90 Life Extension \$17.89

Life Extension Bone Restore + Vitamin K2 Vitamins & Minerals Maintain Bone Health & Strength - Fortifying Nutrients Calcium, D3 & Important Bone Building Minerals - Non-GMO, Gluten-Free -120 Capsules



### B0062VMZBS Caltrate

\$22.99

Caltrate Gummy Bites 500 mg Calcium and Vitamin D Supplement, Black Cherry, Strawberry, Orange - 100 Count



### B004U3Y8NI Nature Made

\$12.49

Nature Made Vitamin D3 2000 IU (50 mcg), Dietary Supplement for Bone, Teeth, Muscle and Immune Health Support, 220 Tablets, 220 Day Supply



## BOO4JO99TG Nature's Bounty \$12.85

Nature's Bounty Vitamin D3 1000 IU Softgels, Immune Support, Promotes Healthy Bones, 350 Ct



### **B016BAOR2E** Viactiv

\$19.42

Viactiv Calcium Plus Vitamin D Supplement Soft Chews, Brown, Milk Chocolate, 180 Count



## B006QQRY2O Nature's Bounty

\$3.99

Nature's Bounty Iron 65mg, 325 mg Ferrous Sulfate, Cellular Energy Support, Promotes Normal Red Blood Cell Production, 100 Tablets



### BOC1KPGNPD Voltaren

\$15.88

Voltaren Joint Health and Bone Strength Dietary Supplement from Voltaren, with UC-II (R) Collagen, Calcium, and Vitamin D for Healthy Aging of Joint Tissue and Cartilage - 30 Count Bottle



### BOOOWVW6YK NOW

\$13.46

NOW Supplements, True Focus™ with Amino Acids, Ginkgo, DMAE + CoQ10 and Grape Seed Extract, 90 Veg Capsules



## B0055UFNQG Osteo Bi-Flex

\$24.99

Osteo Bi-Flex Triple Strength with Vitamin D Glucosamine Chondroitin Joint Health Supplement, Coated Tablets, Red, 120 Count



### **BO8L7RJWTW** Vitafusion

\$10.98

Vitafusion Power Zinc Gummy Vitamins, Strawberry Tangerine Flavored Immune Support (1), 90 Count



### BO8NKMQZRW Nervive

\$17.95

Nervive Nerve Health, with Alpha Lipoic Acid, to Fortify Nerve Health and Support Healthy Nerve Function in Fingers, Hands, Toes, & Feet, ALA, Vitamins B12, B6, & B1, 30 Daily Tablets





**BOO8VT2NMK** Maxwell House \$9.33 Maxwell House The Original Roast Decaf Medium Roast Ground Coffee (29.3 oz Canister)



**BOCXZ3HLYS** Maxwell House \$15.38 Maxwell House 28.4oz Ground Coffee Medium Wake Up Roast



**BO1KL4HWWS** 365 by Whole Foods Market \$17.99 365 by Whole Foods Market, Coffee Vienna Roast Pacific Rim Ground Organic, 24 Ounce



**BOOL5K3XGW** Gold Peak Tea \$8.29 Gold Peak Tea, Diet Tea, 16.9 fl oz, 6 Pack



**B074H5LWG2** 365 by Whole Foods \$25.74 365 by Whole Foods Market, Organic Whole Leaf Aloe Vera Juice, 128 Fl Oz



**BO74H7K3GX** 365 by Whole Foods \$7.09 365 by Whole Foods Market, Organic Cranberry Juice, 32 Fl Oz



### B074HDZ338 365 by Whole Foods \$3.19

365 by Whole Foods Market, Organic 100% Juice, Flavored Juice Blend from Concentrate, Orange Mango, 32 Fl Oz



### B0019K981W Horizon

\$12.53

Horizon Organic Shelf-Stable 1% Lowfat Milk Boxes, Vanilla, 8 Fl Oz, 12 Pack



### BOOPGXQ68Q Silk

\$11.36

Silk Shelf-Stable Almond Milk, Unsweetened Vanilla, Dairy-Free, Vegan, Non-GMO Project Verified, 1 Quart (Pack of 6)





B08X6H61LG Honey Nut Cheerios \$7.29

Honey Nut Cheerios Heart Healthy Breakfast Cereal, Gluten Free Cereal With Whole Grain Oats, Value Bag, 32 oz



BO97ZDGNKZ Honey Bunches of Oats \$4.69

Honey Bunches of Oats Almond, Heart Healthy, Low Fat, made with Whole Grain Cereal, 12 Ounce



B081TDZ179 Kellogg's

\$8.54

Kellogg's Corn Flakes Breakfast Cereal, Kids Cereal, Family Breakfast, Giant Size, Original, 24oz Box (1 Box)



## B08ZZV51GN Quaker

\$9.90

Quaker Instant Grits, 4 Flavor Variety Pack, 0.98oz Packets, 44 Count (Pack of 1)



BOOORA8E56 Cream of Wheat \$6.14

Cream of Wheat Stove Top Hot Cereal, Original, 21/2 Minute Cook Time, 28 Ounce



### B01KMHY4KM Quaker

\$15.28

Quaker Instant Oatmeal, 4 Flavor Variety Pack, Individual Packets, 48 Count



BO7P8M5ZRM Amazon Brand \$3.69

Amazon Brand - Happy Belly Instant Oatmeal, Apple & Cinnamon, Maple & Brown Sugar, 30.33 oz, 1.51 ounce (Pack of 20)



BO7NSYSVJZ 365 by Whole Foods \$5.29

365 by Whole Foods Market, Granola French Vanilla Almond Organic, 17 Ounce



BO74H6MBQR 365 by Whole Foods \$5.29

365 by Whole Foods Market, Organic Granola Oat And Honey, 17 Ounce





**BOOCMQD3VS** Nate's 100% Pure \$17.39 Nate's 100% Pure, Raw & Unfiltered Honey - Award-Winning Taste, 32oz. Squeeze Bottle



**BOOFZHE4M8** Smucker's \$4.39 Smucker's Natural Strawberry Fruit Spread, 17.25 Ounce



**B07L4K78X9 Peter Pan \$12.21** Peter Pan Natural Creamy Peanut Butter Spread, 40 OZ



B009GFW8C8 Heinz \$5.51
Heinz Tomato Ketchup (38 oz Bottle)



BOOZW546K8 Hellmann's \$5.99

Hellmann's Real Mayonnaise Real Mayo Squeeze Bottle For a Rich Creamy Condiment Gluten Free, Made With 100%

Cage-Free Eggs 20 oz



BOO05YWMFW French's \$3.42 French's Honey Mustard, 12 oz



## B000WG65W4 French's

\$2.00

French's Classic Yellow Mustard, 20 oz



## BOOOR30QUO Hidden Valley Ranch \$6.30

Hidden Valley Ranch Dressing & Dipping Sauce, Ranch Dressing and Pizza Topping, Gluten Free Salad Dressing, 24 Ounces



#### BOO3XLOOCS Heinz

\$5.98

Heinz Tomato Ketchup, Relish, and Mustard Picnic Pack, 3 Count



## **FRUITS & VEGETABLES**



### B01E0W60K4 Mott's

\$7.48

Mott's Applesauce, 4 Oz Cups, 18 Count, No Artificial Flavors, Good Source Of Vitamin C, Nutritious Option For The Whole Family



### BOO3Z6W6B2 Dole

\$21.20

Dole Fruit Bowls Low Fat Apples & Creme Parfait Snacks, 4oz 24 Total Cups, Gluten & Dairy Free, Bulk Lunch Snacks for Kids & Adults



#### BOOVZ3NJHM Dole

\$8.25

Dole Fruit Bowls Snacks Cherry Mixed Fruit in 100% Juice Snacks, 4oz 12 Total Cups, Gluten & Dairy Free, Bulk Lunch Snacks for Kids & Adults



### B0891XC8GY Del Monte

\$9.45

Del Monte FRUIT CUP Snacks, Family Pack, No Sugar Added, 12-Pack, 4 oz Variety Pack



### B07FSYJS52 DEL MONTE

\$8.49

DEL MONTE Diced Peaches FRUIT CUP Snacks in 100% Fruit Juice, 12 Pack, 4 oz



### B01MD0X0UU Dole

\$6.29

Dole Fruit Bowls Mandarin Oranges in 100% Juice Snacks, 4oz 12 Total Cups, Gluten & Dairy Free, Bulk Lunch Snacks for Kids & Adults



# BO829QQLPB Bare Baked Crunchy, Apples Fuji & Reds and Cinnamon Variety Pack \$17.43

Bare Baked Crunchy, Apples Fuji & Reds and Cinnamon Variety Pack, 0.53 Ounce (Pack of 16)



## BO1NBFUWTP Bush's Best

\$23.98

Bush's Best 16 oz Original Baked Beans (Pack of 12)



### B078SZSKYJ Del Monte

**\$27.37** 

Del Monte Canned Diced Tomatoes, 14.5 Ounce (Pack of 12)





### B01IR6JF90 Barilla

\$14.72

Barilla Penne Pasta & Spaghetti Pasta Variety Pack, 16 oz. Boxes (Pack of 8) - Non-GMO Pasta Made with Durum Wheat Semolina - Kosher Certified Pasta



### BOOOR30KSW Prego

\$3.09

Prego Traditional Pasta Sauce, 24 Oz Jar



### B003M0ZDAM Kraft

\$5.09

Kraft Original Macaroni & Cheese Dinner (4 ct Pack, 7.25 oz Boxes)



## BOOOR2Z2N6 Campbell's

\$3.09

Campbell's Chunky Soup, Healthy Request Chicken Noodle Soup, 18.6 Oz Can



## BO7BZPHFST Progresso Light

\$2.69

Progresso Light, Creamy Chicken Noodle Canned Soup, 18.5 oz.



## BO9PPRNQX6 BEN'S ORIGINAL

\$13.19

BEN'S ORIGINAL Ready Rice Basmati and Jasmine Rice Variety Pack, Easy Dinner Sides, 8.5 OZ Pouch (Pack of 6)



### BO7GPHFDVS SEEDS OF CHANGE \$14.77

SEEDS OF CHANGE Organic Rice Variety Pack Quinoa and Brown Rice with Garlic & Quinoa Brown & Red Rice with Flaxseed, Microwaveable Ready to Heat, 8.5 Ounces (Pack of 6)



## BO01EQ5S2E Wild Planet

\$15.98

Wild Planet Ready-to-Eat Wild Tuna, Bean & Corn Salad with Organic Sweetcorn, Red Peppers and Carrots, Tuna Salad, 5.6oz, Pack of 4



### BOCHXRKKB2 Wild Planet

\$20.00

Wild Planet Ready-To-Eat Wild Tuna Quinoa Salad With Organic Sweetcorn, Zucchini & Peas, Tuna Salad, 5.6oz (Pack Of 4)



## **NUTRITIONAL DRINKS**



### B0015068TG Atkins

\$18.59

Atkins Creamy Vanilla Protein Shake, 15g Protein, Low Glycemic, 2g Net Carb, 1g Sugar, Keto Friendly, 12 Count



### B08GLMT52Z Atkins

\$16.77

Atkins Iced Coffee Vanilla Latte Protein Shake, 15g Protein, Low Glycemic, 4g Net Carb, 1g Sugar, Keto Friendly



### B0015068PA Atkins

\$19.48

Atkins Milk Chocolate Delight Protein Shake, 15g Protein, Low Glycemic, 2g Net Carb, 1g Sugar, Keto Friendly, 12 Count



### BO9BBY5GPD Atkins

\$15.13

Atkins Strawberry Protein Shake, 15g Protein, Low Glycemic, 2g Net Carb, 1g Sugar, Keto Friendly, 12 Count



### BO7MJL8NXR Premier Protein \$25.76

Premier Protein Shake, Chocolate, 30g Protein 1g Sugar 24 Vitamins Minerals Nutrients to Support Immune Health, 11.5 fl oz (Pack of 12)



### BO7ZP4FZNF Premier Protein \$30.24

Premier Protein Shake, Bananas & Cream, 30g Protein, 1g Sugar, 24 Vitamins & Minerals, Nutrients to Support Immune Health, 12 Pack



### B088JCWFY7 SPLENDA

\$36.26

SPLENDA Diabetes Care Shakes - Meal Replacement Shake, French Vanilla, 8 Fl Oz (Pack of 24)



### BO8979TNHY SPLENDA

\$9.94

SPLENDA Diabetes Care Shakes - Meal Replacement Shake, 8 Fluid Ounces Per Bottle (Milk Chocolate, 6 Pack)



## BOBW4VS7S5 Pedialyte

\$23.84

Pedialyte with Immune Support Electrolyte Solution, Cherry Punch, Hydration Drink with Zinc, Selenium, and Magnesium, 1 Liter. Pack of 4





**BO8NBF5VCH** Nature Valley \$10.88 Nature Valley Crunchy Granola Bars, Oats 'n Honey, 1.49 oz, 24 ct, 48 bars



**BOOZ4ZAMPE** Nature Valley \$4.99

Nature Valley Soft-Baked Oatmeal Squares, Cinnamon Brown Sugar, 12 ct, 14.88 OZ



B075MJ5D32 Fiber One \$11.64 Fiber One Chewy Bars, Oats & Chocolate, Fiber Snacks, Mega Pack, 15 ct



**B074V3VNX2** 365 by Whole Foods \$8.79 365 by Whole Foods Market, Organic Roasted Unsalted Almonds, 10 Ounce



BOOGJ82VK4 Pure Protein \$15.76

Pure Protein Bars, High Protein, Nutritious Snacks to Support Energy, Low Sugar, Gluten Free, Chocolate Peanut Butter, 1.76oz, 12 Count (Packaging May Vary)



**BO1NAEPDZQ Fisher** \$11.99 Fisher Snack Honey Roasted Mixed Nuts with Peanuts, 24 Ounces, Peanuts, Cashews, Almonds, Filberts, Pecans



## BO7VQPPDKN Orchard Valley \$11.37

Orchard Valley Harvest Omega-3 Mix, 1 Ounce Bags (Pack of 15), Walnuts, Cranberries, Almonds, and Pistachios, Gluten Free, Back to School Snacks



### BOO4HZFASG Wonderful

Wonderful Pistachios No Shells, Roasted & Salted Nuts, 24 Ounce Resealable Bag, Good Source of Protein, Healthy Snack, Pantry Staple



### B004M15U12 PLANTERS \$13.14

PLANTERS Deluxe Salted Whole Cashews, Party Snacks, Plant-Based Protein, Quick Snack for Adults, After School Snack, Roasted Cashew Flavored with Sea Salt, Bulk Nuts, Kosher, 1 lb 2.25oz Canister





### BO1LYCY3YF Swanson

\$5.17

\$13.98

Swanson White Premium Chunk Canned Chicken Breast in Water, Fully Cooked Chicken, 12.5 OZ Can (Pack of 2)



## B07BZ4KQ1T StarKist

\$14.99

StarKist Chicken Creations, Chicken Salad, 2.6 oz Pouch (Pack of 12)



### B005U7EGSA Chicken of the Sea \$0.98

Chicken of the Sea Chub Mackerel Wild Caught, High in Calcium, 15-Ounce Can (Pack of 1)



## B00418U69M King Oscar

\$12.11

King Oscar Brisling Sardines in Extra Virgin Olive Oil, 3.75-Ounce Cans (Pack of 4)



### BO7J5T163J Bumble Bee

\$2.82

Bumble Bee Smoke Flavored Red Coho Salmon Fillets in Oil, 3.75 oz (Pack of 1) - 19g Protein - Skinless, Boneless - Great for Snacks & Recipes - Gluten Free



## BOONVK2ODQ Wild Planet

\$8.99

Wild Planet Wild Pink Salmon, Canned Salmon, Sustainably Wild-Caught, Non-GMO, Kosher 6 Ounce can



### BOOE3QNEGY Bumble Bee

\$5.98

Bumble Bee Chunk White Albacore Tuna in Water, 5 oz Can (Pack of 4) - Wild Caught Tuna - 23g Protein per Serving, High in Omega-3s - Non-GMO Project Verified, Gluten Free, Kosher



### BOOFWUO2IE StarKist

\$6.87

StarKist Chunk Light Tuna in Water, 5 oz (8 Pack) Canned Tuna Fish, Wild Caught, Gluten Free, Ready to Eat, Perfect for Salads, Keto Meals and Snacks, with 20g Protein & 90 Calories Per Serving



## BOOOFIR2NO Spam

\$4.19

Spam Hot & Spicy, 12 Ounce Can

# **Frequently**Asked Questions



# Are there other items available beside what is listed in this catalog?

**Yes!** Additional items are available at participating retailers and online. For a list of covered items and categories, visit **member.membersecurelogin.com**, log into the member portal, and select "Wellcare Spendables."



### What price will I pay at checkout?

Online and in-store pricing may not be the same as the prices listed in this catalog. The online and in-store prices apply at checkout.



### Do I pay sales tax?

Yes, all orders are subject to your local and state sales tax.



#### How can I check my balance?

You can check your balance by visiting **member.membersecurelogin.com**. Log into the member portal, and select "Wellcare Spendables."





## What if my purchase costs more than the amount I have available?

If your total is more than the available balance on your Wellcare Spendables™ card, you can pay the rest with another payment method.



#### How can I get a replacement card?

You can get a replacement card mailed to you by visiting member.membersecurelogin.com or by calling 1-855-744-8550 (TTY: 711). Between October 1 and March 31, representatives are available Monday–Sunday, 8 a.m. to 8 p.m. Between April 1 and September 30, representatives are available Monday–Friday, 8 a.m. to 8 p.m. Please note during after hours, weekends and federal holidays from April 1 to September 30, our automated phone system may answer your call.

Questions? Need your benefit balance? Visit HealthyBenefitsPlus.com/member.wellcare.com or call 1-855-744-8550 (TTY 711). Use of Your Card: Your card is not a credit card but may be entered as "credit" to checkout. If prompted, your PIN is the last 4-digits of your card number. Fees and usage restrictions may apply. See cardholder terms for details. No Cash (except as required by law) or ATM Access.

"Healthy Benefits+" refers to any OTC and Healthy Food and other benefit program(s), and Healthy Benefits+ is offered by Optum Financial, Inc., on behalf of itself and its affiliates. Your participation in a Healthy Benefits+ program is voluntary and subject to eligibility rules and other restrictions included in the Healthy Benefits+ Terms of Use Agreement. Funds made available for your use in the program(s) are subject to use restrictions, are not cash, and are not owned by you. You may only be eligible to participate in certain benefit programs as determined by your health plan or Optum Financial. All brands listed are trademarked by their respective manufacturers. Brands and item eligibility are subject to change. Healthy Benefits+ benefits must be utilized at participating retailers and may only be used to purchase specific items in accordance with your benefit program. OTC funds may be used for non-prescription pharmacy items. Healthy Food funds may be used for items such as beans, legumes, canned fruits and vegetables, dairy items, fresh fruit and vegetables, fresh salad kits, frozen produce and meals, healthy grains, meat and seafood, pantry staples, soups, water and vitamin-enhanced water. Other restrictions may apply.

Please note that the regular retail price in the store may vary. For prices that apply when you use your OTC benefits, please consult this catalog. Benefits and features vary by plan/area. Limitations and exclusions apply. OTC benefits have expiration timeframes. Call your plan or review your Evidence of Coverage (EOC) for more information. References to third-party products do not imply an endorsement or recommendation to use or purchase a specific product or brand. This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the OTC items are trademarks of each

company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions. All benefits are not available on all plans. We comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex.

Wellcare is the Medicare brand for Centene Corporation, an HMO, PPO, PFFS, PDP plan with a Medicare contract and is an approved Part D Sponsor. Our D-SNP plans have a contract with the state Medicaid program. Enrollment in our plans depends on contract renewal.

Benefits mentioned are a part of Special Supplemental Benefits for the Chronically Ill. Not all members will qualify. In addition to being high-risk, you must have one or more of the following chronic conditions: cancer, cardiovascular disorders, chronic and disabling mental health conditions, chronic lung disorders, diabetes. There are other eligible conditions not listed. Eligibility for this benefit cannot be guaranteed based solely on your condition. All applicable eligibility requirements must be met before the benefit is provided. For details, please contact us.

<sup>†</sup>Other Pharmacies/Physicians/Providers are available in our network.

#### **Nondiscrimination Notice**

Discrimination is against the law. Wellcare By Health Net follows State and Federal civil rights laws. Wellcare By Health Net does not unlawfully discriminate, exclude people, or treat them differently because of sex, race, color, religion, ancestry, national origin, ethnic group identification, age, mental disability, physical disability, medical condition, genetic information, marital status, gender, gender identity, or sexual orientation.

Wellcare By Health Net provides:

- Free aids and services to people with disabilities to help them communicate better, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

**1-800-431-9007**. Between October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays. If you cannot hear or speak well, please call **TTY 711**. Upon request, this document can be made available to you in braille, large print, audiocassette, or electronic form. To obtain a copy in one of these alternative formats, please call or write to:

Wellcare By Health Net 21281 Burbank Blvd. Woodland Hills, CA 91367 1-800-431-9007 (TTY: 711)

#### How to File a Grievance

If you believe that Wellcare By Health Net has failed to provide these services or unlawfully discriminated in another way on the basis of sex, race, color, religion, ancestry, national origin, ethnic group identification, age, mental disability, physical disability, medical condition, genetic information, marital status, gender, gender identity, or sexual orientation, you can file a grievance with Member Services. You can file a grievance by phone, in writing, in person, or electronically:

- **By phone:** Contact Wellcare By Health Net's Civil Rights Coordinator by calling **1-866-458-2208**. Between 8 a.m. and 5 p.m., Monday through Friday. Or, if you cannot hear or speak well, please call **TTY 711**.
- In writing: Fill out a complaint form or write a letter and send it to: Wellcare Civil Rights Coordinator
   P.O. Box 9103
   Van Nuys, CA 91409-9103
- In person: Visit your doctor's office or Wellcare By Health Net and say you want to file a grievance.
- **Electronically:** Visit Wellcare By Health Net's website at wellcare.com/healthnetCA.

#### Office of Civil Rights - California Department of Health Care Services

You can also file a civil rights complaint with the California Department of Health Care Services, Office of Civil Rights by phone, in writing, or electronically:

- By phone: Call 1-916-440-7370. If you cannot speak or hear well, please call TTY 711 (Telecommunications Relay Service).
- In writing: Fill out a complaint form or send a letter to:

Deputy Director, Office of Civil Rights

Department of Health Care Services

Office of Civil Rights

P.O. Box 997413, MS 0009

Sacramento, CA 95899-7413

Complaint forms are available at

http://www.dhcs.ca.gov/Pages/Language\_Access.aspx.

• Electronically: Send an email to CivilRights@dhcs.ca.gov.

#### Office of Civil Rights - U.S. Department of Health and Human Services

If you believe you have been discriminated against on the basis of race, color, national origin, age, disability or sex, you can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights by phone, in writing, or electronically:

• By phone: Call 1-800-368-1019. If you cannot speak or hear well, please call

TTY/TDD 1-800-537-7697.

• In writing: Fill out a complaint form or send a letter to:

U.S. Department of Health and Human Services

200 Independence Avenue SW

Room 509F, HHH Building

Washington, D.C. 20201

Complaint forms are available at

http://www.hhs.gov/ocr/office/file/index.html.

• **Electronically:** Visit the Office for Civil Rights Complaint Portal at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf.

ATTENTION: If you need help in your language, call 1-800-431-9007 (TTY: 711). Aids and services for people with disabilities, like documents in braille and large print, are also available. Call 1-800-431-9007 (TTY: 711). These services are free.

انتباه: إذا كنت بحاجة إلى مساعدة بلغتك، فاتصل على 9007-431-800-1717). تتوفر أيضًا مساعدات وخدمات للأشخاص ذوي الإعاقات مثل المستندات بطريقة برايل وبطباعة كبيرة. اتصل على 9007-431-800-1 (717: 711). هذه الخدمات مجانية.

ՈՐՇԱԴՐՈՐԹՅՈՐՆ. Եթե ցանկանում եք օգնություն ստանալ ձեր լեզվով, զանգահարեք 1-800-431-9007 (TTY՝ 711)։ Յասանելի են նաև հաշմանդամություն ունեցող անձանց համար նախատեսված օժանդակ միջոցներ և ծառայություններ, օրինակ՝ բրայլյան գրատեսակով և խոշոր տառաչափով փաստաթղթեր։ Չանգահարեք 1-800-431-9007 (TTY՝ 711)։ Այս ծառայություններն անվճար են։

注意:如果您需要以您的语言提供的帮助,请致电1-800-431-9007 (TTY:711)。此外,还为残疾人提供辅助和相关服务,如盲文文件和大字体文件。请致电1-800-431-9007(TTY:711)。这些服务均免费提供。

注意:如果您需要以您母語提供的協助,請致電 1-800-431-9007 (TTY:711)。我們也為殘疾人士提供輔助和服務,例如點字和大字體印刷的文件。請致電 1-800-431-9007 (TTY:711)。這些服務均為免費。

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਹਾਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਮਦਦ ਦੀ ਲੋੜ ਹੈ, ਤਾਂ 1-800-431-9007 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ। ਬਰੇਲ ਲਿਪੀ ਅਤੇ ਵੱਡੇ ਪ੍ਰਿੰਟ ਵਿੱਚ ਦਸਤਾਵੇਜ਼ਾਂ ਵਰਗੀਆਂ ਅਸਮਰੱਥਾ ਵਾਲੇ ਲੋਕਾਂ ਲਈ ਸਹਾਇਤਾ ਅਤੇ ਸੇਵਾਵਾਂ ਵੀ ਉਪਲਬਧ ਹਨ। 1-800-431-9007 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ। ਇਹ ਮਫ਼ਤ ਸੇਵਾਵਾਂ ਹਨ।

ध्यान दें: अगर आपको अपनी भाषा में सहायता की आवश्यकता है, तो 1-800-431-9007 (TTY: 711) पर कॉल करें. विकलांग लोगों के लिए ब्रेल और बड़े प्रिंट में दस्तावेज जैसी सहायताएं और सेवाएं भी उपलब्ध हैं. 1-800-431-9007 (TTY: 711) पर कॉल करें. ये सेवाएं निःशुल्क हैं. THOV MUAB SIAB RAU: Yog tias koj xav tau kev pab ua koj hom lus, ces hu rau 1-800-431-9007 (TTY: 711). Tsis tas i ntawd, peb tseem muaj cov neeg pab thiab cov kev pab cuam rau cov neeg uas muaj cov kev xiam oob qhab, xws li cov ntaub ntawv ua ntawv su rau neeg dig muag thiab ntawv luam loj. Hu rau 1-800-431-9007 (TTY: 711). Cov kev pab cuam no pab dawb xwb.

注意:言語のヘルプが必要な場合は1-800-431-9007 (TTY:711) までお電話ください。障害をお持ちの方には、点字や大判プリントなどの補助機能やサービスもご利用になれます。1-800-431-9007 (TTY:711) にお電話ください。これらのサービスは無料です。

주의: 귀하의 구사 언어로 도움을 받으셔야 한다면 1-800-431-9007(TTY: 711)번으로 연락해 주십시오. 점자 및 큰 활자인쇄 형식으로 된 문서 등장애인을 위한 도움 및 서비스도 제공됩니다. 1-800-431-9007(TTY: 711)번으로 연락해 주십시오. 이러한 서비스는 무료입니다.

ຂໍ້ຄວນເອົາໃຈໃສ່: ຫາກທ່ານຕ້ອງການຄວາມຊ່ວຍເຫຼືອເປັນພາສາຂອງທ່ານ, ໃຫ້ ໂທຫາ 1-800-431-9007 (TTY: 711). ນອກຈາກນີ້ ຍັງມີຄວາມຊ່ວຍເຫຼືອສຳລັບຜູ້ ພິການ ເຊັ່ນ: ເອກະສານເປັນອັກສອນນູນ ແລະ ຕົວພິມໃຫຍ່ອີກດ້ວຍ. ໃຫ້ໂທຫາ 1-800-431-9007 (TTY: 711). ບໍລິການເຫຼົ່ານີ້ຟຣີ.

LIOUH EIX: Oix se nongc zuqc meih nyei wac jouh mienh bong zouc, cingv mboqv 1-800-431-9007 (TTY: 711). Hac haih weic waic fangx mienh zoux sic taengx qaqv, hnangv mangh wenh souh nzangc caux domh nzangc yenx benx nyei souh nzangc. Mboqv 1-800-431-9007 (TTY: 711). Naiv deix bong taengx meih se mv siou zinh.

ចំណាំ៖ ប្រសិនបើអ្នកត្រូវការជំនួយជាភាសារបស់អ្នក សូមទូរសព្ទទៅលេខ 1-800-431-9007 (TTY: 711) ជំនួយនិងសេវាកម្មសម្រាប់ជនពិការ ដូចជាឯកសារជា អក្សរស្ទាបសម្រាប់ជនពិការភ្នែក និងពុម្ពអក្សរធំ ក៏មានផងដែរ។ សូមទូរសព្ទទៅលេខ 1-800-431-9007 (TTY: 711)។ សេវាទាំងនេះមិនគិតថ្លៃនោះទេ។

توجه: اگر به زبان خودتان نیاز به کمک دارید با شماره 9007-431-800-1 (TTY: 711) تماس بگیرید. پشتیبانی و خدمات برای افراد دارای معلولیت، مانند اسناد با خط بریل و چاپ درشت، نیز موجود است. با شماره 9007-431-800-1 (TTY: 711) تماس بگیرید. این خدمات رایگان است.

ВНИМАНИЕ: если вам требуется помощь на родном языке, позвоните по номеру 1-800-431-9007 (ТТҮ: 711). Также доступны сопутствующая помощь и услуги для людей с ограниченными возможностями, такие как материалы, напечатанные крупным шрифтом и шрифтом Брайля. Позвоните по номеру 1-800-431-9007 (ТТҮ: 711). Эти услуги предоставляются бесплатно.

ATENCIÓN: Si necesita ayuda en su idioma llame al 1-800-431-9007 (TTY: 711). También están disponibles ayudas y servicios para personas con discapacidades, como documentos en Braille y letra grande. Llame al 1-800-431-9007 (TTY: 711). Estos servicios son gratuitos.

ATENSYON: Kung kailangan ninyo ng tulong sa inyong wika, tumawag sa 1-800-431-9007 (TTY: 711). Available din ang mga tulong at serbisyo para sa mga taong may kapansanan, gaya ng mga dokumento sa braille at malaking print. Tumawag sa 1-800-431-9007 (TTY: 711). Libre ang mga serbisyong ito.

โปรดทราบ: หากคุณต้องการความช่วยเหลือเป็นภาษาของคุณ โปรดโทร 1-800-431-9007 (TTY: 711) นอกจากนี้ ยังมีความช่วยเหลือและบริการสำหรับ ผู้พิการ เช่น เอกสารที่เป็นอักษรเบรลล์และเอกสารที่ใช้ตัวอักษรขนาดใหญ่ โปรดโทร 1-800-431-9007 (TTY: 711) บริการเหล่านี้ไม่มีค่าใช้จ่าย

УВАГА! Якщо ви потребуєте підтримки своєю мовою, телефонуйте за номером 1-800-431-9007 (ТТҮ: 711). Також доступні засоби та послуги для людей з обмеженими можливостями, як-от документи шрифтом Брайля та великим шрифтом. Телефонуйте за номером 1-800-431-9007 (ТТҮ: 711). Ці послуги безкоштовні.

CHÚ Ý: Nếu quý vị cần trợ giúp bằng ngôn ngữ của quý vị, hãy gọi số 1-800-431-9007 (TTY: 711). Các hỗ trợ và dịch vụ dành cho người khuyết tật, chẳng hạn như tài liệu bằng chữ nổi và bản in cỡ chữ lớn cũng được cung cấp. Gọi số 1-800-431-9007 (TTY: 711). Các dịch vụ này miễn phí.



#### **IMPORTANT PLAN INFORMATION**







